This is the Myrrour or Glasse of helthe / necessary & nedefull for euery person to loke in / that wyll kepe theyr body from the syckenes of the pestylence. And it sheweth how the planettes reygne / in euery houre of the daye and the nyght / with the Natures and exposycions of the .vii. Sygnes / deuyded by the .vii. monthes of the yere / and after foloweth of all the euyll & daungerous dayes of the yere. And sheweth the remedyes / for dyuers Infyrmytes and dyseases / that hurteth the bodye of man. ∴ / ∴

¶ These ben the .iii. peryllous Mōdayes in the yere to let blod or to take any medycyn or purgacyon on that is for to sayne / The fyrst Mondaye of August ī the entre. And the .ii is the laste Mondaye of Apryll. And the .iii. is the laste Mondaye of Decembre.

Do you Welle to Wytte/ that this boke profyteth greatly to euery Surgyon / For to knowe in What Sygne/ or in What degre of the sygne/ the Sonne & the Moone sytteth euery daye / In any of the .xii. Sygnes. And not onely it is profytable to surgyons/ but also to Phesycyons/ and Barbours/ and to all that Vse to gyue medycynes / or Lauatyues/ or so Vse any passyons or cuttynge /or lettynge of blode. For as the Sonne passeth thorugh all the .xii. Sygnes/ by the space of a yere/ abydynge in a sygne .xxx. dayes/ tyght so dothe the Moone passe thorugh all .xii. sygnes/ that in .xxx. dayes abydynge in a sygne. lx. houres: and as the Moone amongst all planettes is nexte the erthe in course / so he hathe moste effect of Werkyng in thyse erthly thyngs after the disposycion of the nature of the signes that he hath his course in. And therfore it is full good and necessary truely to knowe the state/ the course/ & the nature of the moone. For therby a man maye knowe/ When it is good to begyn many dyuers thyngs / & When it is not good. And also What Wether moste lykely is to falle / after the nature of the syg-

nes/ Whether drye or moyst/ hote or colde/ there shal folowe after the nature of the sygne that he is in. In dyuers Coniunccions of planettes that is ioyned therwith. And therfore naturally in ordre/ I purpose me to declare/ shortely in the. vi. Chapitre/ the nature and the state of euery Sygne that he passeth by.

¶ Thus endeth the prologue.

¶ Here folowe the Table.

The fyrste partye of this Boke sheweth dyuers causes/ howe that the pestylence maye be gendred. Capitulum Primum

¶ The seconde partye/ sheweth howe man/ woman/ & chylde/ shulde preserue and kepe them from the pestylence. Cap. ii.

¶ The thyrde partye sheweth/ and yf it so be that man/ woman/ or chylde/ be taken with the pestylence/ what remedye or medycyne is beste therfore. Capitulum iii.

¶ And after folowe the. vii. dayes/ with the Planettes. Cap. iiii.

¶ And howe the Planettes reygne/ in euery houre of the daye and the nyght. And the fyrst is the houres of the Sondaye. Ca. v.

¶ The natures and Exposicyons of the. xii. Sygnes/ deuyded by the. xii. Monthes of the

yere. Capitulum. vi.
¶ And after folowyth the euyll and perylous dayes of the yere. Cap. vii.
¶ For to spourge the hedde. Cap. viii.
¶ Also for to spourge the hedde. Cap. ix.
¶ For the hedde ache. Cap. x.
¶ For a kynge of the hed. Cap. xi.
¶ For the tothe ache. Cap. xii.
¶ For the ache of a holowe tothe. Cap. xiii.
¶ Also for the tothe ache. Cap. xiiii.
¶ Also for the tothe ache. Cap. xv.
¶ Also yet for the tothe ache. Cap. xvi.
¶ For the stenche in the mouthe. Ca. xvii.
¶ For stynkynge brethe. Cap. xviii.
¶ For ache & Wormes in the eares. Cap. xix.
¶ A precyous Water for poyson / and specyally agaynst the Pestylence. Cap. xx.
¶ For ronnyuge iyen. Cap. xxi.
¶ For red blered iyen. Cap. xxii.
For iyen that ben dasuned or dyrke. Ca. xxiii.
¶ A precyous Water for the syght of the iyen. Capitulum. xxiiii.
¶ For the Pynne / and the Webbe in the iye. Capitulum. xxv.
¶ For all euylles in the iyen. Ca. xxvi.
¶ For boylynge in the iye. Cap. xxvii.
¶ For a stynkynge brethe. Cap. xxviii.
¶ For a hote sWollen stomacke. Ca. xxix.
¶ For the stomacke that aketh / that cometh of

colde. Capitulum. pvvv.
¶ For to force the stomacke. ca. pvvvi.
¶ For the stomacke and the bely that aketh. Capitulum. pvvvii.
¶ For a man that is sycke at the stomacke/or in the bely / or at the herte/or hed/ or Were bytten With any venomous beest. Cap. pvvviii.
For rysynge vnder the stomacke. Ca. pvvviiii.
¶ A good playster for the rysynge vnder the stomacke. Cap. pvvvv.
¶ For hete in the stomacke. Cap. pvvvvi
For brēnynge in the stomacke. Ca. pvvvvii.
¶ For to auoyde fleme out of the stomacke and also of the hed. Cap. pvvvviii.
For all euyll̄es in the stomacke. Ca. pvvvix.
¶ For a dysease at the herte. Ca. pl.
¶ For Wekenes of the herte. Ca. pli.
¶ For fayntnes of the herte. Ca. plii.
¶ For the brest that is encombred. Ca. pliii.
¶ For a man/Woman/ or chylde/ that is brokey in the bely. Cap̄. pliiii.
¶ A playster to knyt hym. Cap. plv.
¶ For the playster in ☩ay. Cap̄. plvi.
¶ For to breke Wynde in the bely. Cap. plvii.
¶ For a sWollen Wombe. Cap. plviii.
¶ For akynge of the Wombe. Cap̄. plix.
¶ For the herte brennynge. Ca. l.
¶ For sore sydes Within forth. Cap̄. li.
¶ Contra telam et maculam in oculo. ca. lii.

¶ For a womans pappe that is sore. Ca. kiii.
¶ For the lyuer that is corrupte and wasted. Capitulum. kiiii.
¶ For hete in the lyuer. Cap. kv.
¶ Also for hete in the lyuer of a man that his coloure is yelowe. Cap. kvi.
For a mans brest that is encombred. ca. kvii.
¶ For a man that hathe wormes in his bely / and his body be lene. Cap. kviii.
¶ For the brest and the lunges. Ca. kix.
¶ For to auoyde & distroye flewme. Ca. kx.
¶ For the stone. Cap. kxi.
¶ Another for the stone. Cap. kxii.
¶ For the colyke / stangury / and the stone. Capitulum. kxiii.
¶ For a man that is lepre / and it take in his legges and go vpwarde. Cap. kxiiii.
¶ For a dertre in a mans flesshe. Ca. kxv.
¶ For a sauce fleume vysage. Ca. kxvi.
¶ For hym that maye not holde his water. Capitulum. kxvii.
¶ Another for the same. Cap. kxviii.
¶ For to dystroye fleume. Ca. kxix.
¶ For a wombe that is harde. Ca. kxx.
¶ For the blody (h)enyson. Cap. kxxi.
For a mans stones that be swollen. ca. kxxii.
¶ For to make one sklendre. Cap. kxxiii.
For hym that lacketh wynde. Ca. kxxiiii.
¶ For hym that is costyfe. Ca. kxxv.

¶ For a wycked blaste i the vysage.ca. lxxvi.
¶ For the Shyngles.ca. lxxvii.
¶ For the Iowghe.Cap. lxxviii.
¶ For the perylous Iowghe.Ca. lxxix.
¶ Also for the Chynke Iowghe.ca. lxxx.
¶ For the Itche.Cap. lxxxi.
¶ For to draWe a byle / from one place to an
other.Cap. lxxxii.
¶ For hym that pysseth blode.Cap. lxxxiii.
For hym that hath lost his mide.Ca.lxxxiiii.
¶ Another for the same.ca. lxxxv.
For hym that hath the frenesy.ca. lxxxvi.
Yf one vomysseth to moche.ca. lxxxvii.
¶ For a dysease in the eares.ca. lxxxviii.
¶ For a man that his eares soWne Within.
Capitulum. lxxxix.
For seneWes that shrynke after that they ha/
ue ben hurte and heled agayne.ca. lxxxx.
¶ For to staunche blode.ca. lxxxxi
Also to staunche blode.ca. lxxxxii.
¶ For the empostume.ca. lxxxxiii.
¶ For spettynge of blode.ca. lxxxxiiii.
¶ For Wylde fyre / that is calked the fyre of
hell.Cap. lxxxxv.
¶ For bytynge of a mad dog.ca. lxxxxvi.
¶ For to do away a Wenne.ca. lxxxxvii.
To breke a felon in a nyght.ca. lxxxxviii.
¶ For the megrym.ca. lxxxxix.
¶ For the morfeWe.ca. C.

¶ For to stoppe the flyxe.ca. C.i.
¶ For the Canker/ wylde fyre/ & ignis sancti Anthonii.cap̄. C.ii.
¶ For to make heer to growe.ca. C.iii.
¶ For to do away heer.ca. C.iiii.
¶ For a scalde hedde.ca. C.v.
¶ For the yelowe Jaundes.ca. c.vi.
¶ For the blacke Jaundes.ca. c.vii.
For wormes/ & hete in the handes.ca. c.viii.
¶ For the gowte.ca. c.ix.
¶ For sore knees / that dothe swell and ake. Capitulum. c.x.
¶ For the fallynge euyll.ca. c.xi.
Also for brennynge & scaldynge.ca. c.xii.
¶ Also for brennynge with fyre.ca. c.xiii.
To hele hurtes & woundes.ca. c.xiiii.
To make a salue to draw & to hele.ca. c.xv.
For styngynge of edders & snakes.ca. c.xvi.
¶ For hym that may not slepe.ca. c.xvii.
¶ For the Palsey.ca. c.xviii.
A good drynke for the Pox.ca. c.xix.
¶ A salue for the Pox.ca. c.xx.
For the gowte or the swellynge of ioyntys/ knobbes and knorres/ that cōmeth of the ache of the Pox.capitulum. c.xxi.

Finis tabule.

¶ Here begynneth the firste partye of this boke: that sheweth dyuerse causes howe the Pestylēce may be gendred. Cap̄. .i.

Onsyderynge that this treatyse is veray nedefull / and necessary agaynst the syckenesse of the Pestylence: And for a cōmon welthe & helthe of the kynges lyege people? I Thomas Moulton douctour of Diuinite of the ordre of the Frere prechours? The whiche for to gather moueth me for dyuers causes. The one is prayers of myne owne brethren. Another is cause of prayers of many worthy gentyls. And another is compassion that I haue of the poore people / that was and is dystroyed euery daye therby / for defaute of helpe. And the fourthe cause that moueth me moste of all / is pure conscyence / for euery crysten man & woman is bounde / by the lawe of conscyence: And they knowe theyr euen crysten in great peryll / or that is lykely for to fal to great myschyfe / to helpe them if he maye / by his wyt with his trauayle / and with his goodes. And these foure causes moueth me / to compounde and to gather this Treatyse / and to sette it in prynte so in Englysshe / that euery man / bothe lernyd and lewde / ryche &

poore maye the better vnderstande it / and do therafter. And so euery man / woman / and chylde / to be theyr owne Iesycion in tyme of nede / agaynst the vengeaunge and corrupcion of the Pestylence / that nowe is reygnynge / with other diseases many moo. And this treatyse for the Pestylence is dyuyded & partyd in thre parties / and consequently ensueth the .vii. dayes with the Planettes / with the natures and exposicions of the .xii. Sygnes deuyded by the .xii. monthes of the yere / with the remedyes for many dyuers other dyseases that hurteth and greuyth the body of man.

¶ And the firste partye of this Boke telleth dyuerse causes / howe the Pestylence maye be gendred. ¶ The seconde partye telleth howe man / woman / and chylde: shall preserue and kepe them selfe from the Pestylence / If so be that man / woman / or chylde be curable that fallyth therin. ¶ The thirde partye telleth the remedy / helpe / & medycyne agaynst the pestylence. ¶ The fyrst partye I saye of this treatyse as I tellyd / be shewed dyuerse causes / whiche may be the grounde of this pestylence / that nowe reygneth. I fynde by the treatynge of .iiii. Doctours / the .iiii. Pyllers that vpholdeth holy Churche / That is to say seynt Austyn / seynt Jherome / seynt Gregorye / and seynt Ambrose: where they speke of this ma-

ter/they ſay that ſynne / that reygneth amon=
ge the people. And namely that ſynne / that
reygneth amonge hed men / & the gouernours
of the Churche / and of the lawe / is cauſe of
Peſtylence / Vengeaūce taken for ſynne / here
of I fynde inſample & fygure in holy Wryt /
in the.ii.boke of kynges / in the.xxiiii. Chap=
toure. There ſheweth holy Wryt openly that
for the ſynne of kynge Dauid / god ſent vnto
hym his Prophete. And gaue hym choyſe of.
iii. thynges / Whether that he hadde leuer that
god ſhuld ſende vpon hym for his ſynne: and
of his people hungre. vii. yere / or elles he had
leuer that he ſhulde ſende vpon hym purſuyt
of Enemyes / and to be ouercome of them. iii.
monthes: or yet that he had leuer that he ſhuld
ſende vpon hym Peſtylēce. iii. dayes and. iii.
nyghtes. And then kynge Dauid truely che=
ſyd Peſtylence / ſo that from the tyme that he
had choſyn thus peſtylēte: or it was noone of
the daye: there was deed. xx vii. thouſande of
his people. And then kynge Dauid ſawe /
that Vengeaunce was taken for his ſynne by
Peſtylence mornyngely / with great ſorowe
and great compaſſyon of herte / he cryed god
almyghty mercy. And whan he hadde done /
anone the peſtylence ceaſyd. ¶ Alſo for ſynne
that reygned in the people hydous Peſtylen=
ce hath ben taken: as was ſhewed of Jheru=

ſakeny / as tellyth Vincēt in ſpeculo hiſtoriali: and Euſebeus tellyth the ſame. Therfore euc/ty man in What degree / or What ſtate he be/ put away ſynne thorugh hertely ſorow We / and Very contrycion aſkynge of god mekely mer/cy and forgyuenesſe entyerly With ſhryfte of mouthe: and ſatyſfaccion doynge / & penaunce for his ſynnes / they he putteth away the cau/ſe of peſtylence / the in caſe is Vengeaunce ta/kery for ſynne. And ſothly ſaynge We ought nat to deme lyghtly of goddes pryuytes / this maye be Well one cauſe of this hydous peſty/lence / that nowe is reygnynge. ¶ Alſo they ſaye generally in this realme / and ſothe it is that many tokens ar ſhewed that men lykely deme / that ſynne is cauſe in partie of this pe/ſtylence / as the corrupte ayre and the Venom therof / the Whiche Was cauſed by a Coniunc/cyon of Saturne and Jouis: The Whiche Planettes theyr Werkynge Within feWe ye/res / and the malyce of the Coniunccyon and of other ſynne: this leſte in the ayre & byneth / the Whiche malyce and Venom hathe his Re/ſpecte & his influence / more in the complexion of man than of beeſt / in aſmoche as the Wer/kynge of that Coniunccyon / & of other ſynne Was more pryncypally in the ſynne of man/kynde: than in the ſynne of another maner of beeſt. But the Werkynge of other Coniuncty/

ons dyuers are before hande / had theyr wer-
kynge in the sygnes of other beests / and theyr
influence in the complexions of them.
¶ And therfore the malyce of the Coniuncy-
ons was cause why that the moren fell of su-
che beests more than of other that tyme / But
this coniunccyon aforesayde / the whiche was
wroughte / more pryncipally in the synne of
mankynde / more then of any other / whose ve
nom and malyce yet reygnyng / is the cause of
corrupcion of the ayre / the whiche ayre corrupt
is cause of the Pestylence that nowe is reyg-
nynge. But neuertheles yf all so be that it be
impossyble by all Phylosophers that the Ele
ment of the ayre shulde in his owne kynde /
and in his owne substaunce be corrupte / or
ellys infecte: sythen it is symple & clene in his
substaũce wroughte without any venom or
corrupcyon. Neuerthelesse yet by the waye of
vaporous humosytes & humours / the whiche
that are corrupte and drawen from the erthe
beneth by vertue Attractyfe / of the bodyes
that ben aboue / and mengyd with the ayre so
by Accydentall cause is the ayre corrupt / & in
partye cause of this pestylence. But than thou
maye meue agaynst me / and saye that yf so
were that the venomous ayre / and the corru-
pcyon therof / shuld be cause of Pestylence: or
ellys man / woman / and chylde / shulde be in-

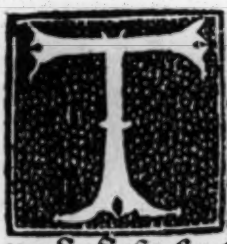
fecte therby / that it sempth euery man / Wo/
man / and chylde / shuld be infecte and corrupt
by the Pestylence. In that countre there the
ayre corrupte is reygnynge / sythen the ayre in
suche a place is cōmon to all maner of men.
To this answeryth Auycen in his Canon in
that partye there he treatyth De dura Febrū:
that yf all the pestylence ayre be reygnynge in
a Counttre / and yf it be cōmon to all the In/
habytauntes of that Counttre / yet there shall
none be infecte therWith / but they that be re/
plete and full of corrupte humours / the Whi/
che corrupte humours / hath theyr respecte and
accordynge to receyue the corrupcyon / and the
Venom of that ayre. Elles in What countre /
or eyte that suche ayre Were corrupte or Veno/
myd / In all maner of men that receyueth /
that ayre in the same Counttre / or in the same
Cyte shulde be Venomyd and deed therby / ye
se Well and knoWe Well / that the Element
of the fyre / hath no predominacyon nor Wyll
nat bren / but matter that is conbustyble and
accordynge to receyue fyre. On the same Wy/
se the Element of the ayre that is Pestylence
corrupte / infecte nouther man / Woman / nor
chylde / but suche as hath suche Venomyd and
corrupt humours Within them selfe dysposyd
to the same / the Pestylence therfore in suche
tyme that suche pestylence ayre reygneth in.

After dyuersyte of venomous humours and corrupcyon in men reygnynge. And thorughe the workynge of the venomous Pestylence ayre or dyuers syckenes & perylles gendred in man/woman/and chylde. And this alteracion in kynde is wroughte / by the malyce and influence of the Coniunccyon aforesayd/the whiche malyce of Coniuncyon / is lykely to be cause of many other wonderfull Alteracyons betwyxte kynge and kynge/lorde and lorde/man & man/ woman & woman/father and sone / brother and brother/& many other. Also it is lykely to be cause of dysposynge of lordes out of lordshyppes / and inhaunsynge and in hyghynge of knaues. And empurys of myghty men spoylynge and dystroynge of kyngdomes & lordshyppes. Also it is lykely to be cause of great fyres / great mystes / and great waters by lande. And cause of many great perylles by the see. ¶ Also it is lykely to be cause of many wonderfull tokenynges of great wyndes / & many other wonderfull thyngs. Also dystroynge of many sectes / and princypally of the Sarazyns secte: & of many other wonderfull syckenesse. Also the sysme of holy Churche is lykely to cesse/ and dyuers states to ende/ & therwith many thyngs is lykely to fall/by the iugement of Astronomy/ the whiche I wyll nat wryte for dyuers cau-

ses. But know it well all maner of men that these thynges: I reherse nat as thynges tolde by Prophesy / but as conclusyons folowynge and shewed by Astronomy / & also by Astrologye / For as declaryth Ipocras in his boke that he made de Epidimia / there shall neuer Fesycyon be trewe in workynge: ne sure practysour of Phesyke / but he worke and practyse by rewles of astrologye and of astronomy. For Ipocras sayth that it is impossyble that a man shall cure a syckenesse / but yf he know the cause of his syckenesse / there is some syckenesse that is caused by mouynge and workynge of the bodyes aboue / the whiche a man may nat knowe without astronomye & astrologye / than it semyth well that it is impossyble to a man to cure syckenes generally / but he can of astronomye and of astrologye. For as I fynde in libro Interpretationum. All the .iiii. Elementes / and all other thynges beneth that ben compounde of them / are gendred by the course of the Planettes aboue / And all the lyuely bodyes beneth hath in partye there beynge / theyr hele and theyr syckenesse by the mouynges and the syckenesse of the bodyes aboue.

¶ Thus endeth the fyrste partye of this pestylence treatyse.

¶ And folowyth the seconde partye / that sheweth how a man shuld preserue & kepe hym from the pestylence. Cap. ii.



The seconde partie of this treatyse / is how thou shalte kepe gouerne / and preserue thy self from the malyce of the pestylence ayre / and from the venom and corrupcyon / that is gendred therby. The whiche partye is a pryncypal cause of this pestylēce that now is reygnynge. ¶ The fyrste and the prynceypall preseruacyon there agaynst is this / To gouerne the wel & wyselv / and for to flye all that may gendre any feuer or ague. Fyrste thou nedeth to kepe the seuerally from all maner of excesse and outrage of mete and drynke / and namely from all maner of fenoys metes / as gose / doucbyrdes / malardes / venyson / lampray / scate / and elys. And also other fenoys metes / ete no great mete no vnnyons / nor leekys / nor garlyke / nor no frupte. For all thyse gadreth and engendreth vnkyndly hetes / and so bryngeth a mā to an Ague / and he be in any wyse of nygthe disposycyon therto. Also vse no bathes nor stues / nor swete not to moche / for all openyth the pores of a mannes body and may

keth the venomous ayre to entre: and for to infecte the blode and spyrytuall membres of man / and for to dystroye all lyuely spyrytes in man. Also kepe the from hauntynge of lechery / for that bothe openyth the pores and dystroyeth the kynde natutall. And also infecteth the spyrytuall membres / and the lyuely spyrites of man. ¶ Also in the tyme of pestylence in no wyse suffre no great thurste / and yf thou thurste / loke thou drynke mesurably / and nat but for to slekcn thy thurste / and namely suche drynkes as wyll abate thy hete / as is tysan water mynged with vynegre / or water of borage / water of endyue / water of letuse / water of violettes / water of roses / water of scabyous / water of turmentyll / water of dyten / mynged in cuyn proporcyon / or elles by them selfe. For thyse drynkes yf the pestylence reygne in the hete of the somer ben profytable: and souerayngly to them that ben coleryke of cõplecyon. For they be hotter and dryer then other. ¶ Also to slepe on after nones / and whan thou shalte go to bedde shytte thy dores & thy wyndowes close: And in an erthen panne full of charcole fyre cast this powdre made of thyse thynges: of lorell leues dryed / rosemary dryed / and frankensens of eche of them a lyke moche / & caste halfe a sponefull of this powdre

in the fyre. ¶ Also vse fyre in thy chambre al the tymes of the day and of the nyght/of thyse thyngs as fyre of Jenoper/and yf thou maye nat get this Jenoper / make the fyre of clene drye Aschewode / and vse to caste in the fyre alwaye Frankensens / Storax / Calamite / Lapdanum/and the fumosyties of thyse and the smoke / yf the ayre be corrupte of the vertue Attractyfe of the lyuely spyrytes and the spyrituall membres ouerthwarte by the vaynes of the herte / & so inuenomys it and thyse hasteth a man to his deth. But yf the mater of the pestylence be gendred betwyxte the thyghe and the body: it is a tokenynge that it cōmyth from infeccyon of the lyuer / & then yf the mater appere in the schere besyde the preuy membres blede on the fote in the same syde / on the vayne that is betwyxte thy great too / & the next too for yf the botche be drawynge thyder: And thou blede on the Arme the mater than wyll drawe vp agayne to the lyuer / and so to the herte and that is peryllous. And yf the botche be more outwarde to the syde and ferther from the pryue mēbres / blede then on the vayne bytwene the ankle and the fote / and the hele / or ellys on the vayne that is vnder the ankle / that is called the Sophene: or ellys loke that thou be soone ventused with a ventosynge best byneth the botche / but that is ve-

ry paynfull. Neuertheles in case that the Vayne maye nat be taken / or ellys that the Vayne may nat blede / it must nedys be suffered in such perylle maye thou be. If the mater appere in the clensynge place of the hed / consydre Wel on What syde it apperyth / and blede on the Vayne vndre the tonge on the same syde / or ellys on the hed Vayne / or on the Arme the Whiche Vayne lyeth nexte the Cardiacle / the Whiche Cardiacle lyeth in the myddes of the armeryght in the bought of the arme / or ellys blede on the Vayne that is on the hande / that is bet Wypte the thombe and the nexte synger / or ellys be Ventosyd bet Wypte the shouldres. But take good hede that Whā someuer thou haste bled of any of thyse Vaynes / take good hede that thou slepe nat after thy blood lettynge of .viii. houres. If thou be tyche (& may Wel spende / then it Were good to haue this pome Ambre euermore in thy hande: and holde it to thy nose / that thou may receyue the sauer and smelle therof. For confortynge of the brayne (& of all other spyrytuall membres / the Whiche thou shalte make thus.) Take Lapdanū pured an ounce / Storax / Calampyte dyssolued / Roses / Cloues / (&) acys / of yche one thre halpeny Weyght of chosyn Ambre / and of chosyn muske of eyther of them an halfpeny Weyght (& make them in powdre / that ought to be ma

de in powdre / & v. sponefull of oyle of baye / an ounce of vyrgyn waxe and dissolue them And whan they be dissolued: put al togyther and mynge them well vnto they be colde / & make therof a ball / the quantyte of a walnut and that is called the Pome ambre / the sent or the smell therof / wyll conforte the lyuely spyrytes in man / and yf thou rewle the thus as I haue taught the / thou maye by the grace of god / and by this gouernaunce preserue thy selfe from the pestylence.

¶ Thus endeth the seconde partye of this pestylence treatyse.

¶ And foloweth the thyrde partye / that sheweth and a man be taken with the Pestylence / what remedye and medycyne is best therfore. Cap. iii.

Here the thyrde partye of this Treatyse tellyth / what is agaynste this syckenesse of the Pestylēce that reygneth amoge the people / and what medicyne is best therfore. Auicen in his Canon on that partie / there he treatyth De dura Februm / there is no syckenesse that falleth in kynde: but there is medycyne in kynde for it. Therfore yf so be it be taken in dewe tyme / than yf thou shalte fall in to this sycke-

nes / loke that thou be letten blode as I ha
tolde. And yf there be any Feuer / or any ag
annexyd therto: and the corrupt blode be dra
wen away / on this bledynge as I haue to
de. (And the pryncypall membres ventused
the herte ought they to be cōforted with goo
Lete watys / or with colde water stykled / th
whiche Lete watys be thyse that wyll with
drawe vnkyndly hetys / as conserue of vyo
lettes / conserue of Borage / conserue of Bu
glos drawen with Sugre decocte with wa
ter of Turmentyll / water of Endyue / wa
ter of Roses / water of Borage / mynged by
euyn proporcyons. And they take thyse euery
daye: and euery houre of the daye / with wate
of Turmentyll / water of Scabyous / water
of vyolettes / or elles water of Endyue.
¶ Also it were nedefull to haue this wate
dystyllyd of thyse herbes of Betyne / of Sca
byous / of Turmentyll / of vyolettes / of En
dyue / & Letuse / and for to drynke thyse myn
ged with whyte wyne of Gascon / or elles
of Rochell wyne: And namely the whyles
the vnkyndly hete reygneth. ¶ Also it were
nedefull to haue water of Roses / and of Be
tayne to wasshe thy temples with all / & thy
pulse withall of thy Armes and thy handes.
¶ And also it were nedefull to take of this
last / that is to say of Rose / & of Bytayne: and

put therof in a ſaucer of pewter / or in a ſylver
pece and chaufe it a lytell / and lappe a lynen
clothe foure folde & wete it therin. And that
whyle thou arte in thy great hete of the ague
lay that lynen cloth wete in that water vpon
thy temples / & vpon thy forehed / and another
vpō thy lyuer. Take alſo two other clothes
lapped and wete on the ſame wyſe / and laye
in euery armehole one. And this practiſynge
ſhall do the great eaſe whether thou be cura-
ble and ſhall lyue / or incurable & ſhall dye.
¶ But the moſte nedefull thynge of all / yf ſo
be that this appere in any wyſe foreſayde / is
for to drawe the botche by crafte away from
the clēſyng place / a great ſpace from the herte:
And that ſhall I tell the how / and in all my
practyſynge in Pheſyke this .xviii. yere / I
wyſte it neuer fayle but twyſe / and that was
nat longe of the medycyne / And none other
tyme but of other defautis: the whiche I wyll
nat wryte at this tyme / though it wyll eppel
it and voyde it. ¶ Alſo loke in the tyme of
peſtylence / that thy clodwares be alway
freſſhely waſſhen / and after the waſſhynge /
loke that they be dypped in fyne water of ro-
ſes / and on the ſame wyſe the kerchyef that
thou lappeſt thy hed in on nyghtes and let it
drye by the fyre / and nat by the peſtylēce ayre.
And whan thou lyeſt the downe to ſlepe / lay

Vnder thy hed and Vnder the ende of thy py
lowe that is towarde thy Vysage rosemary
Isope/souerayngne Mynts/ Periall ryall/ L
rey leuys/put in thy mouth macys/ & clowes
or els Nutmyggys/ loke euery daye that tho
take of fyne tryacle prouyd the quantyte of
bene & a halfe. Also bere in thy purse thyse m
ner of spyces maces / clowes/ Quibybes/ ca
nell: or els Cynamon & chewe therof/ and e
therof all the tymes of the day. ¶ And yf tho
be a poore man and maye nat attende to th
costes of thyse thynges.) Take then euery day
fastyng.ix.soppes in fyne Vynegre of Whyt
Wyne / or ellys of red Wyne and drynke to
them a saucer full of Vynegre / or thou passe
oute of thy howse or place. ¶ Also one of th
best gouernauuce of all is in blode lettynge:
for thou shalte Vnderstande that a man is in
Shyrytuall membres pryncypall/ that is for
to say the Herte/ the Lyuer/ and the Grayne/
and euery one of thyse hathe his place gyuen
hym by kynde/by the whiche he maye auoyde
all superfluytes/and clense hym selfe. ¶ The
herte hathe his clensynge place / in the Arme
hole. ¶ The clensynge place of the Lyuer / is
betwyxt the thyghe and the body. ¶ The clen
syng place of the Grayne/is Vnder the Erys
at the Ere rotys / and in the throte. ¶ Then
this syckenesse of the Pestylence cōmeth thus:

Whan the porys of a man are open/ then fyrst entreth the venoms and the corrupt ayre/ and as soone as it hathe maystrye and is mynged with mannes blode/ than ronneth it to the herte/ that is rote and grounde of mannes lyfe/ For to dystroye mankynde/ & for to enfecte & dystroye all lyuely spyrytes in a man/ and so fynally for to kyll and sle hym/ but the herte and the clene blode flyeth all that is noyus & contraryous vnto kynde. And in asmoche as in hym is expellyd all suche maner of corrupcyon and venoms from hym to his clensyng place to the Arme hole: But than for that place is somtyme stopped that it maye nat out: & it passeth than to the pryncypal membre nexte/ that is the lyuer for to enfecte and for to dystroye it. And then it doth as the herte doth in his kynde/ and expellyth it from hym to his clensynge place betwyxte the thyghe and the bodye/ for it is also sparred in case and stoppyd/ it maye nat out but passeth the metes and the vaynes vnto the thyrde pryncypall membre that is the Brayne/ but then he wold expell it to his clensynge place/ that is vnder the Erys and it may nat in case out/ therfore the stoppynge and the sparrynge of the metys and porys/ and for thyckenesse of the fowle & corrupte blode/ and the venomous mater is mouyng/ that is mynged therwith/ and thus

longe tyme the mater is mouynge or it restyth in any place: somtyme.vii.houres / and somtyme.xviii.houres / and somtyme more / and somtyme lesse after the degre and the gentylnes & the greatnes of the sycknes corrupcyons and venoms that be gendred. But they at the laste somtyme within. xviii. houres it passe nat out at the clensyng place / nor at none other place thorugh bledynge / they it fystures in some place / and caste a man in to an Ague & maketh a botche in some of the thre clensynge places / or elles nere to them on some payne / for ye shall wel wyt that a botche groudeth hym euermore and settyth hym on a payne / & letyth the blode thay: that it maye nat haue his kyndly course by the payne as he shuld haue / but it is infecte therby. And so all the pryncypall and spyrytuall membres are infecte / and thus sleyth man.

¶ Finis.

¶ Thus endeth the thyrde partye of this pestylence treatyse.

¶ And hereafter folowyth the. vii. dayes with the Planettes. Cap. iiii.

IN these. vii. Planettes thou oughtes to know that the Sondaye hath his doynges vnder the Sonne.

¶ The mondaye vnder the Moone.
¶ The tuesdaye vnder Mars
¶ The wednesday vnder Mercury.
¶ The thursdaye vnder Jupiter.
¶ The frydaye vnder Venus.
¶ The saterdaye vnder Saturne.
¶ Note well/that all the trewe acte and operacyon ought to be made vnder his planette/ and is best & it be made on his propre daye of the planette/and the houre propre exempte.
¶ Vnder Saturne is the lyfe edifyce/ doctryne and mutacyon comprynse.
¶ Vnder Jupiter obtayne honoure rychesses and gaye costly garmentes.
¶ Vnder Mars/ batayle/ pryson / maryage/ and enmyte.
¶ Vnder the Sonne esperaunce / gayne/ fortune/ and herytage.
¶ Vnder Venus loue/ socyete/ lyfe louynge/ and pylgrymage.
¶ Vnder Mercury syckenes/ myserye / dette/ and ferefulnes.
¶ Vnder the Moone slouthe/euyll thoughtes and thefte.

¶ Here foloweth howe the Planettes reygne in euery houre of the daye and of the nyght. And the fyrst is the houres of the Sonday. Ca. v.

¶ The houres of the ſondaye.

¶ The fyrſte houre of the Sondaye reygneth ſol / the ſeconde venus / the thyrde mercury / the fourthe luna / the fyfthe ſaturne / the ſyxte iupiter / the ſeuēth mars / the eyght ſol / he nynthe venus / the tenth mercury / the leuenth luna / the twelth ſaturne.

¶ The houres of the ſonday nyght.

¶ The fyrſt houre is iupiter / the.ii. mars / the iii. ſol / the.iiii. venus / the. v. mercury / the. vi luna / the. vii. ſaturne / the. viii. iupiter / the. ix mars / the. x. ſol / the. xi. venus / the. xii. mercurye.

¶ The houres of the monday.

¶ The fyrſt houre luna / the. ii. ſaturne / the. iii. iupiter / the. iiii. mars / the. v. ſol / the. vi. venꝰ / the. vii. mercury / the. viii. luna / the. ix. ſaturn the. x. iupiter / the. xi. mars / the. xii. ſol.

¶ The houres of the monday nyght.

¶ The fyrſte venus / the. ii. mercury / the. iii. luna / the. iiii. ſaturne / the. v. iupiꝛ / the. vi. mars: the: vii. ſol / the. viii. venus / the. ix. mercuay / the. x. luna / the. xi. ſaturne / the. xii. iupiter.

¶ The houres of the tewyſday.

¶ The fyrſte mars / the. ii. ſol / the. iii. venus / the. iiii. mercury / the. v. luna / the. vi. ſaturne / the. vii. iupiter / the. viii. mars / the. ix. ſol / the. x. venus / the. xi. mercury / the. xii luna.

¶ The huores of the tewyſday nyght.

¶ The.i. ſaturne/the.ii. iupiter/the.iii.mars/ the.iiii. ſol/the.v Venus/the. vi.mercury/the vii.luna/the.viii.ſaturne/the.ix.iupiter/the x.mars/the.xi.ſol/the.xii. venus.

¶ The houres of the Wedneſday.

¶ The fyrſte mercury/the.ii.luna/the.iii.ſaturne/the.iiii.iupiter/the.v.mars/the.vi. ſol. the.vii. venus/the.viii.mercury/ the.ix.luna the.x.ſaturne/the.xi.iupiter/the.xii.mars.

¶ The houres of the Wedneſday nyght.

¶ The fyrſte ſol/the.ii. venus/the.iii.mercury/the.iiii.luna/the.v.ſaturne/the. vi.iupiter the.vii.mars/the.viii.ſol/the.ix. venus/the x.mercury/the.xi.luna.the.xii.ſaturne.

¶ The houres of the thurſday.

¶ The fyreſt Jupiter/the.ii.mars/the.iii.ſol/ the.iiii. venus/the.v.mercury/the.vi.luna/ the.vii.ſaturne/the.viii.iupiter/the.ix. mars/ the.x.ſol/the.xi. venus/the.xii.mercury.

¶ The houres of the thurſday nyght.

¶ The fyrſte luna/the.ii.ſaturne.the.iii.iupiter/the.iiii.mars/the.v.ſol/the.vi. venus/the vii.mercury/the.viii.luna/the.ix.ſaturn/the x.iupiter/the.xi.mars/the.xii.ſol.

¶ The houres of the fryday.

¶ The fyrſte venus/the.ii.mercury/the.iii.luna/the.iiii.ſaturn/the.v.iupiter/the.vi.mars the.vii.ſol/the.viii. venus/the.ix.mercury/ the.x.luna/the.xi.ſaturne/the.xii.iupiter.

¶ The houres of the fryday nyght

¶ The fyrste mars / the.ii.sol / the.iii. Venus / the.iiii.mercury / the.v.luna / the.vi.saturne / the.vii.iupiter / the.viii.mars / the.ix.sol / the.x.Venus / the.xi.mercury / the.xii.luna.

¶ The houres of the saterday.

¶ The fyrste saturne / the.ii.iuppyter / the.iii. mars / the.iiii.sol / the.v.Venus / the.vi.mercury / the.vii.luna / the.viii.saturne / the.ix.iupiter / the.x.mars / the.xi.sol / the.xii.Venus.

¶ The houres of the saterday nyght.

¶ The fyrste mercury / the.ii.luna / the.iii.saturne / the.iiii.iupiter / the.v.mars / the.vi.sol / the.vii.Venus / the.viii.mercury / the.ix.luna the.x.saturne / the.xi.iupiter / the.xii.mars.

¶ Nota that Iupiter and Venus ben good / Saturne and Mars euyll / Sol and Luna indyfferent / Mercury is good with them that be good / and euyll with them that ben euyll.

¶ Also note well that the houres of the Planettes ben dyfferent to them of the Clockes / for the houres of the Clocks be egall al wayes of.lx.mynuts / but they of the planettes whan the daye & the nyght ben egall / that the sonne is in one of the Equynocces they be egall: but as soone as the dayes longeth or shorteth / so doth the naturall houres / by this it is conuenyent al way for the daye to haue.xii.temporall houres / and the nyghte.xii.temporall houres.

And Whan the dayes be longe and the hours longe/and the dayes shorte & the houres shorte in lyke Wyse is the nyghte. And neuertheles ſſe any houre of the daye/ & any houre of the nyghte bothe togyther haue.xl.mynutes/as for.ii.houres artificials/that the one leuyth the other taketh. And than take We oure planettes from the ſonne ryſyng/ & nat before Vnto the ſonne goynge doWne / and than all the remenaunt is nyght. And ſo aboute the moneth of Decembre the dayes haue but.viii.houres artificials/ of the Clockes/ and they haue.xii.temporals/ than let the.viii. houres artificialles be deuyded in egall partyes/ and it ſhalbe.xii.tymes. lx.mynutys:and euery partye ſhalbe a temporall houre/ that ſhalbe of.xl.mynutes and no mo. Thus in Decembre the temporall houres of the day haue but.xl.mynutes: But the houres of the nyghte haue.lxxx. mynutes. For in that tyme the nyghtes haue.x.vi. houres artyficialles/yf they ben deuyded in.xii. partyes ben.lxxx.mynutes/for euery temporall houre of the nyght in Decembre haue.lxxx . mynutes and.xl. For any houre of the daye ben ſyx ſcore mynutes in tWo temporall houres/ as many in.ii.houres artificyalles / that ben yche of.xl. mynutes . In the moneth of June is the contrary. In Marche and in Septembre all houres ben egal/ as is the dayes in other monthes

by egall porcyon.

¶ Thus endeth the. vii. Planettes/ vpon the. vii. dayes in the weke.

¶ And hereafter folowyth the Natures and Exposycions of the. xii. Sygnes/ deuyded by the. xii. monthes of the yere.

Capitulum. vi.

¶ Marche hath the sygne of the Ram. And is indyfferent for taknynge of purgacyon. And is very good to let blode.

Ares is a sygne mouable hote & drye / Colerike nature of the fyre / and hathe lordshyp in mannes hed & the face / and the parties lõgynge to the hed. When the moone is in that sygne: be ware of cuttyng in the hed or in the face / or in any vayne that lõgeth to the hed. Also it is perylous in the begynnynge of Ares to take any hed ache / or any hurtynge in the hed / for it were token of longe durynge or ellys of deth: but it is nat so perylous in the ende of it / & this sygne is mouable Orientall & of masculyne kynde / than is good to werke all thyngs that is wrought with fyre / & it is good to take vyages to war/

de the Eeest/ & it is good to let blode on the arme/and to bathe the / and to sowe sedes / & to make mattymonyes / and to begyn all good Werkes that thou Wolde soone ende / and is euyll to do thyngs/Whiche thou Woldest haue longe last / for asmoche as the Ram is a beest that roungeth / & casteth vp agayne the mete that he eteth tofore. Therfore than there shuld no medycyne/nor no passyon be taken in Warde / Whyle the moone is in that sygne/ for all naturall medycynes and passyons receyued in that tyme men shuld cast them vp agayne/ & so it falleth in all the sygnes that ben roungynge as Aries/ Taurus / and Capricorne/ and the last parte of Sagittarie. In all thyse there shulde no passyons be gyuen for drede of castynge vp agayne / for this sygne arysceth out of the Orientt/and causeth the tyme to be hote and drye. ¶ The man that is borne vnder the sygne of Aries: by kynde of complexyon is Coloryke : and shalbe Wytty and Wyly sly and dysceyuable/ small of bonys/ yelowe of coloure/and kynde of herte. The sonne entreth in the sygne of Aries the .vi. kalen. of Marche / and dwelleth therin vnto the .vi. kalendas of Aprykl.

¶ And in this moneth of Marche is.iii. peryllous dayes to take any syckenesse vpon/ that is to saye the.vi.vi.vi.and.xix.

¶ Aprylle hathe the ſygne of the Bull.
And is euyll for to take purgacyon.
And alſo is euyll to let blode.

The moone beynge in Taurus / that is the ſygne of the Bull / the whiche ſygne reygneth in the necke & the throte / it is than perylloꝰ to be vētuſed in the necke / or to catche ſyckenes ī the throte: & moche more perylloꝰ in the begynnynge than in the ende this ſygne is ſtedfaſte & cridionall / that is of the Southe partye / he is colde and drye erthly and of Femynyne kynde / and melancoly of complexyon / it is than good to ſowe ſedes / to plante trees and vynes / for they ſhall redely growe / & it is good to buylde ho wſynge / and to wed a wyfe / and euery thynge to do that thou woldeſt haue longe to endure / & ſtably to abyde. It is euyll to begyn batayle / or to fyght. For it cauſeth the tyme to be colde and drye / & the wynde to haue his courſe nyghe the erthe / & the ſkyes to flye abrode by the erthe.

¶ The man that is borne vnder this ſygne / is by kynde of complexion melancoly vnſtable & vntrewe / whyte kyuered / and ſcarce of his purſe. The ſonne entreth in the ſygne of Taurus / the .xv. kalēd. of Aprylle / & dwelleth therin tyll the .xvi. kalēd. of Maye.

¶ And in this monthe of Aprylle / is .ii. peryl /

lous dayes to take any maner of syckenes on
that is to say the.xvi.and the.xxi.

¶ Haye hathe the sygne of two Twynnes.
And is indifferent to take purgacyon.
And is euyll to let blode.

Whan the moone is in Gemini
that is the sygne of.ii. Twyn-
nes/or.ii.chyldren of one byrth
the whiche sygne reygneth in
the armes and the handes of a
man. This sygne is doubble bodyed & Occi-
dētall/that is of the west partie/& is Sanguy
ne of complexyon hote and moyste after the
ayre. In that tyme be ware of cuttynge in the
shuldres/armes and handes/nor in that tyme
open no vayne in tho places. It is good that
tyme to treate of fredshyp/& whan the moon
is in the sygne of Gemini/be ware of lettyng
of blode for it is euyl/ and specially in the blu
mes for Gemini gouerneth them/& yf one ta-
ke the syckenes in a house & dye/al the other be
in great daunger to dye of the same. ⊙
¶ The man that is borne whyle the moone
is vnder the lordshyp of this sygne / he shall
by waye of kynde be very wyse/ pryue / and
trewe/he shall haue thre wyues / and he shall
traueyle myghty faste to purchase worshyp/

pes. The sonne entreth in the sygne of Gemi
ni. the. xv. Kalendas of Maye / and dwelleth
therin tyll the. xvi. Kalen̄. of June.
¶ And in the monthe of Maye is. iii. daunge-
rous dayes: that is for to say the. vii. the. xv.
and the. xx.

¶ June hath the sygne of the Creuys.
And is good for to take purgacion.
And is indyfferent to let blode.

Cancer is a Sygne mouable
colde / moyste / flumatyke / & Watery / and hath of mānes body the breste & the stomake the splene / & the rybbes: Whā the moone is in this sygne / it is good to begyn away by water / and is metely good to take medycynes / but beware to wed any mayde whan the sygne is in Cācer / And yf any man taketh syckenes in any tyme whyle the moone is in the sygne of Cancer / it is great fortune yf he dye nat: For it is peryllous bothe in the begynnynge and in the ende / this sygne is Septemtryonall / that is of the North partye. Also it is euyll to buylde howsyng: or to set trees / or to begyn any thynge that shall laste longe. ¶ The man that is borne whyle that the moone entreth in this sy-

gne/he ſhall be ſemynyne of face/ malycoly/ ous/feynt hetted/ & Whyte of ſkyñe/ & he ſhall loue a Woman Whiche ſhall greue hym/ his deſtenye ſhalbe hatde in his youth/ but Whan he is paſte. xxx. yere he ſhall haue a maladye in the raynes/ and he eſcape/ he ſhall lyue by kynde. C. yere. The ſonne entreth in the ſygne of Cancer the. x. kaleñ. of June: and dwelleth therin tyll the. x. kaleñ. of July.

And in this monthe of June is. ii. daungerous dayes to take ſyckenes vpon/ that is to ſay the. iiii. and the. vii.

July hathe the ſygne of the Lyon. And is euyll to take purgacyon. And very euyll to let blode.

LEo is a ſygne ſtedfaſt Orientall hote & drye Colorike nature of fyre/ and of maſculyne kynde: & hath of mānes body the ſydes & the backe ſene Wes bones & gryſtels/ beWare Whyle the moone reygneth there/ of Ventuſyng/ or cuttynge/ or harme cat chynge in tho places/ for it is full daungerous in the ende of Leo to take ſyckenes more than in the begynnynge/ for than he may releue by good gouernaunce/ and it is euyll to gyue me

dycyne to the herte / or stomake / and the vay-
nes to towche with yron. ¶ A mā that is bor-
ne whyle the moone entreth in this sygne of
Leo / by kynde he shalbe holden esy / he shall ta-
ke a wyfe a hedy stronge woman he shall be
louyd as the Lyon amonge beestys / & he shall
haue great power amonge stronge men. The
sonne entreth in this sygne the. xv. Kalen̄. of
July: and dwelleth therin tyll the. xvi. Ka-
len̄. of the monthe of August.
¶ And in this monthe of July is. ii. daunge-
rous dayes to take any syckenes vpon / that
is to saye the. xv. and the. xx.

¶ August hath the sygne of a Virgyn.
And is euyll for to take purgacion
And indyfferent to let blode.

Virgo is a sygue dowble body-
ed Merydyonall / that is of the
Southe partye colde and drye /
Melancoly of complexyon na-
ture of the erth & of Femynyne
kynde / & hath of mannes bodye
the wombe medryfe / & guttȝ / the lyuer / gall / &
mylte. But chefely in the lymmes beneth the
medryfe / than beware of brekyng / or cuttyng
on the bely / or pryue places withinforth. Also
it is peryllous for a man to take any syckenes

in the begynnynge therof/but nat so perylloꝰ in the ende/but rather token of helthe/it is nat good to wed a mayde/for she shalbe barayne/ but it is good to wed a wydowe.

¶The man that is borne vnder this sygne/ he shalbe well loued/ & a man of great pyte & wyse/& lyue moche in ease/his name shall be good amonge all maner of men/he shal haue worshyp in his age/he shall haue a sygne in the hed. The sonne entreth in the sygne of Virgo the.xv. kaleñ. of August: and dwelleth therin vnto the.xv. kaleñ. of Septembre.

¶And in this monthe of August is.ii. perylloꝰ dayes to take any maner of sycknes on that is to saye the.xiv.and the.xv.

¶Septembre hath the sygne of the Balaũce
And is good for to take purgacyon.
And is very good to let bloode.

LIbra is a sygne mouable hote & moyste Sanguinari9/and hath the ouer parte of a man/and the neder ende of a woman/that is to say the nauyll/the raynes and the lowe parties of the wombe/and the share/ whan the moone is in Libra: it is good to let blode/& is best to make medycynes for the nauyll/and to do all thynge that thou wolde haue brought to the ende: & this sygne is Occi

dentall Sanguyne of complexyon / & of ma/
culyne kynde / and is good to begyn that shall
longe laste / and knowe well from the degre
of Libra / to the degre of Scorpio it is cuyll to
begyn dyuers thynges / for the moone is that
tyme in the worste. ¶ The man that is borne
vnder this sygne / he shall be well beloued / &
good shall neuer fayle hym / he shall haue a
Sygne in the necke or in the shuldre bone / he
shall be in great peryll tyll that he be. xxv. ye
re olde / and then shall he come to great wor/
shyp. The sonne entreth in the sygne of Libra
the. xv. kalen. of Septembre / and dwelleth
therin tyll the. xvi. kalen. of Octobre.
¶ And in the monthe of Septembre is. ii. pe/
ryllous dayes to take any maner of syckenes
on / that is to say the. vi. and the. vii.

¶ Octobre hath the sygne of a Scorpion
And is good for to take purgacyon.
And is indyfferent to let blode.

Scorpio is a sygne of a serpent
colde and moyste flumatyke
nature of Water Septemtrio/
nall: that is of the Northe par/
tye / and hath of mannes body
the pryue membres & the bladder / and whan
the moone is in this sygne / it is good to gyue

medycynes to the membres of man and Wo-
man/and to take laxatyues/ and to make all
thynge that shall last longe/ and it is good to
make a waye by water. ¶ The man that is
borne vnder this sygne/he shall loue well the
company of women: and haue other mennes
herytages/he shalbe melancolyous/his wor-
des shall turne well in age / he shall be in tra-
uayle / & in the hed he shall haue a token or in
the face/he may lyue by kynde.xl.yeres. The
sonne entreth in the sygne of Scorpio the.xv
Kalen̄. of Octobre/ and dwelleth therin tyll
the.xvi.Kalen̄.of Nouembre.
¶ And in the monthe of Octobre is.i. peryl-
lous daye/that is to say the.vi.day.

¶ Nouembre hath the sygne of the Archer.
And is good for to take purgacyon.
And also is good to let blode.

I Do you to wyt that Sagit
tarius is a sygne of an Ar-
cher/and is dowble bodyed
hote and drye nature of the
fyre/and Coloryke of com-
plexyon/and of masculyne
kynde Orientall / that is of the Eest partye/
and this sygne reygneth in the thyes and lad
doges of a man / and beware of cuttynge of

dentall Sanguyne of complexyon / & of ma-
culyne kynde / and is good to begyn that shall
longe laste / and knowe well from the degre
of Libra / to the degre of Scorpio it is cuyll to
begyn dyuers thynges / for the moone is that
tyme in the worste. ¶ The man that is borne
vnder this sygne / he shall be well beloued / &
good shall neuer fayle hym / he shall haue a
Sygne in the necke or in the shuldre bone / he
shall be in great perylle tyll that he be. xxv. ye-
re olde / and then shall he come to great wor-
shyp. The sonne entreth in the sygne of Libra
the. xv. kalen. of September / and dwelleth
therin tyll the. xvi. kalen. of Octobre.
¶ And in the monthe of September is. ii. pe-
ryllous dayes to take any maner of sycknes
on / that is to say the. vi. and the. vii.

¶ Octobre hath the sygne of a Scorpion
And is good for to take purgacyon.
And is indyfferent to let blode.

SCorpio is a sygne of a serpent
colde and moyste flumatyke
nature of Water Septemtrio-
nall: that is of the Northe par-
tye / and hath of mannes body
the pryue membres & the bladder / and When
the moone is in this sygne / it is good to gyue

medycynes to the membres of man and wo-
man/and to take lapatynes/ and to make all
thynge that shall last longe/ and it is good to
make a waye by water. ¶ The man that is
borne vnder this sygne/he shall loue well the
company of women: and haue other mennes
herytages/he shalbe melancolyous/his wor-
des shall turne well in age/ he shall be in tra-
uayle/ & in the hed he shall haue a token or in
the face/he may lyue by kynde.vl.yeres. The
sonne entreth in the sygne of Scorpio the.xv
kaleñ. of Octobre/ and dwelleth therin tyll
the.xvi.kaleñ.of Nouembre.
¶ And in the monthe of Octobre is.i. peryl-
lous daye/that is to say the.vi.day.

¶ Nouembre hath the sygne of the Archer.
And is good for to take purgacyon.
And also is good to let blode.

Do you to wyt that Sagit
tarius is a sygne of an Ar-
cher/and is doubble bodyed
hote and drye nature of the
fyre/and Colorike of com-
plexyon/and of masculyne
kynde Orientall/ that is of the Eest partye/
and this sygne reygneth in the thyes and lad
doges of a man/ and beware of cuttynge of

tho places / & than is good to let blode and to treate of peas / and to wed a wyfe / & to make all medycynes that is made with fyre.

¶ The man that is borne vnder this sygne / shall be hasty & bolde to do folye / and he shall haue a sygne in the cheke or in the shuldres: he shalbe byten of a dogge / he shall haue trybulacyons / he shall haue syckenes in his iyen / he shall haue .ii. wyfes / & the seconde shall begyle hym / & he shall wex sycke at .xl. wynter / & he escape he shall lyue by way of kynde. C. yere. The sonne entreth in this sygne of Sagittarius the .xv. Kalen̄. of Nouembre / and dwelleth therin tyll the .xvi. Kalen̄. of Decembre. ¶ And in the monthe of Nouembre / is .ii. peryllous dayes to take any maner of syckenes on / that is to say the .xv. and the .xix.

¶ Decembre hath the sygne of the Gote.
And is euyll to take purgacyon.
And is euyll to let blode.

Capricornus is a Sygne mouable and vnstedfast of the Southe partye endely colde and drye / melancoly nature of the erthe and of femynyne kynde / & hath of mannes body the knees / whan the moone is in this sy-

gneit is good to make medycynes to the kne/
es/but beware of cuttynge or hurtynge therof
for drede of towchynge the senowes & vay/
nes/for it is peryllous whyle the moone rey/
gneth there / & greater peryll in the ende than
in the begynnynge. ¶ The man that is borne
vnder this sygne/shal be wyse/fayre & hasty/
& he shall haue a token in the hed or in the kne
he shalbe melancoly/& he shall lyue by kynde.
C.yere:as Astronomyers saythe. The sonne
entreth in the sygne of Caprycornus. the. xv.
Kalen̄.of Decembre/and dwelleth therin tyl
the.xvi.Kalen̄.of the monthe of January.
¶ And in the monthe of Decembre is. vi.pe/
ryllous dayes to take sycknes or any dysease
on/that is the.iii. vi. vii.ix.xv.and.xvi.

¶ January hath the sygne a man shedynge
water. And is good to take purgacyon.
And is indyfferent to let blode.

Aquarius is a sygne sted/
fast Occidentall / that is
of the west partye hote &
moyste after the kynde of
the ayre/ & Sanguyne of
complexyon / and hath of
mānes body the shankes vnto the ende of the
ancles:and whan the moone is in that sygne/

it is good to set trees/ & to buylde/ & to wed/ & is euyl to take sycknes in all the tymes whyle the moone reygneth there. ¶ The man that is borne vnder this sygne of Aquarius shall be worshypped/ he shalbe good & true/ & well belouyd/ & haue often hed ache/ he shall haue a fall from ryches/ but he shalbe happy in the west countre/ & he shalbe in peryll of water. The sonne entreth in the sygne of Aquarius the.xv.kalen̄.of January/ & dwelleth therin tyll the.xvi.kalen̄.of February.

¶ And in the monthe of January is. viii. peryllous dayes to take syckenes/ that is to saye the.i.ii.iiii.v.x.xv.xvii.and the.xix.

¶ February hathe the sygne of thre Fysshes.
And is good for to take purgacyon.
And is indyfferent to let blode.

PIsces is a sygne comon dowble bodyed Septemtryonall colde moyste & watery/ Flumatyke of complexion/ & of Femynyne kynde/ and hath of mānes body the fete/ than is peryllous to let blode/ or open any vayne in that place/ & if a man take syckenes in any tyme of that sygne/ it is nat of ryght great peryll/ but it is good to go to counsell to accorde

& to make all thynge that maye go by water and to make a thynge that shall laste longe.

¶ The man that is borne vnder this sygne of Pisces/shalbe a great lechoure/& go ferre a Pylgrymage/he shall haue an euyll hurte in his hed/ in his youth he shall haue many maladyes / he shall fall in water & escape well/ he may lyue by kynde. C. yere/& yf he wyll haue good he muste dwell in the North. The sōne entreth in this sygne of Pisces the. xv. Kalen̄. of February/and dwelleth therin tyll the xvi. kalen̄. of the monthe of Marche.

¶ And in the monthe of February is. iii. dayyes peryllous to take any maner of syckenes on/that is to say the. viii. the. x. & the. xvii.

¶ Here foloweth the euyll and peryllous dayes of the yere. Cap̄. vii.

Maysters of Fyseke that this crafte fyrste founde: tellyth the peryllous dayes and the most daūgerous dayes in the yere/ In whiche yf any man or woman be let blode of woūde or vayne: they shall dye with in. xxi. dayes folowyng. Or who fall in any syckenes in any of thyse dayes: they shal neuer scapen tyll they be deed. And who so take any great Jorney in any of thyse dayes to go farre from home/ he shall be in daunger or dye or he come home agayne. And who so wed a wyfe in any of thyse dayes/ hastely they shall be de-

parted/or ellys they shall lyue togythet With moche sorowe. And Who so begynneth in any of thyse dayes any great Warre/it shall neuer come to good ende. And thyse ben the dayes folowynge/that is to saye.

¶ In January are. viii dayes/that is to saye the fyrste/the.ii.the.iiii.the.v.the.vi.the.vii.the.viii. and the.xiv.

¶ In Februarye are.iii.dayes/the.viii.the.x. and.the.xvii.

¶ In Marche are.iii.dayes/the.xv.the.xvi. and the.xix.

¶ In Aprylle are.ii.dayes/the.xvi.& the.xxi.

¶ In May are.iii.dayes/the.vii.the.xv.and the.xx.

¶ In June ar.ii.dayes/the.iiii.and the.vii.

¶ In July are.ii.dayes/the.xv.and the.xx.

¶ In August are.ii.dayes/the.xiv.& the.xx.

¶ In Septembre ar.ii.dayes/the.vi.& the.vii

¶ In Octobre is one/the.vi.daye.

¶ In Nouembre are.ii.dayes/the.xv.&.xix.

¶ Decembre are.iii.dayes/the.vi.the.vii.and the.ix. Et alii dicunt.xv.xvi.

¶ Also there are.iii.dayes in the.yere/as seynt Bede tellyth/in the Whiche yf any man lette hym blode/or take any drynke to medycyne/ Within the.vi.daye/or the.viii.daye of the monythe he shall dye/that is for to saye/the fyrste daye of the monyth of August/the laste daye

of Decembre/and the.viii.daye of the Kalen̄.
of Apryll. Or who so ete of a goose in any of
thyse.iii.dayes/ within.xl.dayes after he shall
be sycke and in peryll to dye.
¶ Also ther is.iii.peryllous mondayes: that
if any man or woman ete of any goose flesshe
on any of thyse.iii.dayes/ they shall haue the
fallynge euyll/ & no bodely werke shall come
to good ende/ that is begon in any of thyse.iii.
dayes/ that is to say the fyrste monday of Fe-
bruarye: The.ii.the last monday of May: and
the.iii.the laste monday of Septembre.
¶ Who so wyll lerne of.iii.peryllous Mon-
dayes as clerkes sayen/ in the whiche no man
shuld be letten blode of wounde nor of vayne
For who so be let blode in any of thyse dayes
soon after he shall dye/ & that within.iii.dayes
And who so that than taketh any medycyne/
he shall be in great daunger to dye. And who
are borne in any of thyse dayes/he shal be a cō-
bred thorugh stronge deth/that is for to saye.
The fyrste monday of August. The.ii.is the
laste Monday of the same monythe. And the.
iii.is the laste monday of Decembre. And for
this encheson many men drede eche monday.
¶ Who so wyll lerne the Canyculers dayes/
whiche be dayes of great peryll as clerkes say
and they begyn the.xv.Kalēdas of August/
and endureth to the.iiii.nonas of Septembre:

in Which ſeaſon is peryllo⁹ to take ſyckenes/ & it is alſo peryllous to take drynkes or medycynes/ or to be let blode but yf it be for great nede/ & that muſt be after the myddes of the day.

¶ Thus endeth the natures/ & Expoſicions of the.vii.ſygnes: deuyded by the.vii. monthes of the yere vpon blode lettyng: With the moſt daũgerous dayes/ for to do any thyng to Wchyng Phyſyke & other.

¶ And hereafter folowyth the Remedyes for many dyuers Infyrmytes & dyſeaſes that greuyth & hurteth the body of man.

¶ For to ſpourge the hed. Cap. viii.

Take the ſede of ſtauyſacre/ & bete it ſmall to powdre/ and Whan it is betyn ſmal/ take a fyne lynen clothe & put the powdre therin & make therof a lytell ball the quãtyte of a great haſel nut/ & put it in thy mouth and roll it to and fro bet Wyxte thy tethe chaWynge holdynge downe thy hed/ the ſpace of an houre: and it Wyll ſpourge thy hed and thy gũmes/ and kepe thy teth from akynge.

¶ Alſo for to ſpourge the hed. Cap. iv.

¶ Take the rote of Pelater of ſpayne & chaWe it bet Wyxt thy teth to & fro a good Whyle

and it wyll ſpourge well thy hed/and alſo faſten thy teth/and ſpourge thy gūmes.

¶For the hed ache. Cap. v.

¶Take hemlockys & ſethe them tyll they be ſofte as pappe/than laye them to the hed there the payne is and let them lye all nyght/& on the mornynge lay another hote playſter of the ſame/& do ſo.ii.or.iii.tymes/& he ſhalbe hole.

¶For akynge of the hed. Cap. vi.

¶Take and make lye of Netuayne/or ellys of Betayne/or of Wormewode/& therwith waſſhe thy hed there in the weke/and it ſhall do the moche good/and take away the ache.

¶For the tothe ache. Cap. vii.

¶Take Betayne and wylde gordes & ſethe them in wyne or ellys in vynegre/& than put it in thy mouthe as hote as thou mayſt ſuffre: and holde it a good whyle in thy mouthe and it wyll take awaye the payne.

¶For the ache of a holowe tothe. Ca. viii.

¶Take Aſſa fetida & put it ī thy tothe that is holowe: & it wyl appeſe & take away the ache

¶Alſo for the tothe ache. Cap. viiii.

¶Take Hēbane & bruſe it/& holde it bytwe/ne thy teth a good whyle/& lay it vpō the toth that aketh/& it wyll ſwage the payne anone.

¶Alſo for the toth ache. Cap. v.

¶Take the ſede of Henbane & caſte it vpon a chaffyngdyſſhe of charcole fyre/and holde

thy mouthe ouer the fyre that the ſmoke maye entre in to thy mouthe / and alſo than holde thy mouthe ouer a baſyn of fayre clene Water and thou ſhalte ſe vpon the Water as it were ſmall Wormes / that ſhall come droppyng out of thy mouthe. Alſo take the ſede of Henbane and bete it to ſmall powdre / & medle it With Waxe and make a lytell pellet / that it maye be full of powdre Without forth / and put it in the hole of the holowe tothe that aketh: and it Wyll lyghtly ſle the ache of that tothe.

¶ Alſo for the tothe ache. Cap. xvi.

¶ Take the rote of Henbane & ſethe it in vy/negre to the thyrde parte be ſodyn away / and With the ſame Waſſhe thy mouthe / and holde thy mouth full a good Whyle / and it Wyll ſle the tothe ache. ¶ Alſo take the rote of Henba/ne and holde it betWene thy akyng tethe / and it Wyll do away the payne.

¶ For the ſtenche in the mouth. Ca. xvii

¶ Take the iuce of Veruayne & bruſe it & put it in thy mouth / & holde it a good Whyle cloſe in thy mouth / & it Wyl take away the ſtenche.

¶ For a ſtynkynge breth. Cap. xviii.

¶ Take oyle Doret / turpentyne / hony / oyle olyue / vyrgyn Waxe / as moche of one as of another / and boyle them all togyther and ma ke an oyntmēt therof / and vſe it euery day in the pacyentes noſe thyrlles / and let it be put

in to the nose euery daye in the mornyng with two tentz made of lynte scraped of fyne lynnen clothe/and he shalbe hole.

¶ For ache & Wormes i the eares. Ca. xiv.

¶ Take the iuce of Henbane and put it in to thyne eares/ and it wyll take away the ache and sle the wormes in them.

¶ A precious Water for poyson/ and specially agaynst the pestylence. Cap. xv.

¶ Take turmentyll/scabious/goldes/detayne/and pympernell/ of euerych a lyke moche and dystyl therof Water/& drynke it fastynge euery daye in the mornynge: fyrste nepte your herte for it shall do you moche good.

¶ For ronnynge iyen. Cap. xvi.

¶ Take blacke snayles and seth them in fayre Water/than take the grece that is on the Water & therwith anoynte the iyen that be Watery and ronneth.

¶ For red bleryd iyen. Cap. xvii.

¶ Take the iuce of Rue / and powdre of Cõmyn/medle them togyther/than take cottyn & depe it well therin/& lay it therto/ and anoynte the temples/the browes / and the lyddes of the iyen therwith/and they shalbe hole.

¶ For iyen that ben dasuned/or dyrke. Capitulum. xviii.

¶ Take the rote of red fenell in Wynter/and in somer the leuys/ or ellys bothe rotes and le-

uys/ and ſtampe them & wrynge out the iuce and tempre thy iuce with fyne clarifyed ho/ ny/and make therof an oyntmēt/ and anoyn te the iyen therwith/ and it ſhall put awaye the derkenes/and it ſhall clere the ſyght.

¶ A precyous water for the ſyght of the iyen. Capitulum. xxiiii.

¶ Take ſmalleche/red fenell/rue/ betuayne: betayne/ egrymonye/ pympernell/ eufrage/ ſauge/ ſalendyne/ of euerych a lyke moche of quantyte: and waſſhe them well & clene and ſtampe them/ and put them in to a fayre bra/ ſen panne: and take the powdre of .ꝑ. . peper cornes fayre ſarcyd in to a pynt of good why/ te wyne/ & put it vnto the herbes/ with .iii. ſponefull of lyue hony/ and .ꝑ. ſponefull of the water of a may chylde that is an Inno/ cent/ and medle them all togyther and boyle them ouer the fyre/and whan it is ſod ſtrayne it thorugh a clene lynnen clothe/ and put it in a glaſſe and ſtoppe it well and cloſe/tyll you wyll occupye it/ and whan nede is do therof in to the ſore iyen with a fether/ and yf it be wayen drye tempre it with good whyte wy/ ne/for it is very good for the ſyght of iyen.

¶ For a pynne and the webbe in the iyen. Capitulum. xxv.

¶ Take a curteſy of clene clarifyed honye/ & as moche of womans mylke/that norysſheth

a mayde chylde / and for the woman the man chylde / and sethe them togyther / and whan it is colde put it in a glasse / and close it from the ayre / and thus do .ii. or .iii. dayes .ii. or .iii. tymes euery day / and he shall be hole.

¶ For all euylles in the yen. Cap. xxvi.

¶ Take clene claryfyed hony one parte / and more than of halfe the hony of the gall of an hare / medle them togyther in a vessell ouer the fyre: but make it but luke warme / and kepe it in a glasse / but beware that thou take nat to moche therof in thyne yen / for the quantyte of a small pynnes hed is ynough at ones whan thou goste to bed / and that is sufficyent for .vii. yeres yf a man haue a perle / or a webbe in his ye and it be nat dye / put therto somdele more of the gall than of hony.

¶ For boylynge in the ye. Cap. xxvii.

¶ Take may butter & powdre of cōmyn / and stampe them togyther / and lay it on a lynnen clothe to the ye / and often tymes renewe it / and whan the boylynge is swaged take safron and womans mylke / and grynde them togyther and droppe therof in the sore ye: and than thou shalte be hole.

¶ For a stynkynge brethe. Cap. xxviii.

¶ Take .ii. handful of powdre of cōmyn and seth it in good whyte wyne / frō a quarte tyl a pynte / & drynke this fyrst & last alwayes hote

& he ſhalbe hole Within.iy dayes drynkynge.

¶ For the Stomacke that is hote and ſwollen. Cap. xxiy.

¶ For the ſtomacke that is hote & ſwolle / take the rote of ſmaleche & ſtape it / & put it i ſwete Wyne / or in other good Wyne all a day and a nyghte / & then let it be paſſed thorugh a fayre lynne cloth & put it in a clene Veſſel / and Vſe to drynke a curteſye therof euery day faſtynge Viii. or. iy dayes and he ſhall be hole.

¶ For the ſtomacke that aketh / that cometh of colde. Cap. xxy.

¶ For the ſtomacke that aketh / that cometh of colde, take an herbe that is called Polco & drye bence / & an handful of ſyngrygge / & aſmoch of this polio / & put it in a Veſſell With fayre Water / & let it ſeth there on the fyre tyl the thyrde parte of the Water be ſodeyn a Waye / & put ther / to ſugre of ſtone and a curteſy of hony / & drynke it. Vi. dayes faſtynge / and he ſhall be hole.

¶ For to force the ſtomacke. Cap. xxyi.

¶ To force the ſtomacke take canell. iii. poys: and. i. poys of maſtyke / and. i. poys of the pa / rynges of Domegarnades / and halfe a poys of galyngale / and ſtampe all theſe togyther / and tempre it With honye that hathe ben boy / led on the fyre / and Well ſcumed / and Vſe of this aſmoche as a nut euery daye durynge. v. dayes faſtynge / and he ſhall be hole,

¶ For the stomacke/and the bely that aketh. Cap. xxxii.

¶ For the stomake and the bely that aketh/take the floure of an herbe that is named Nemaham/that is lyke to mynte and it hath a good sauoure/take.iiii. poys of Cosmer/and.vii. poys of Water/and seth all togyther to the.iii. parte/and With sugre drynke this. v. dayes fastynge in the mornynge/and he shalbe hole.

¶ And a man be sycke at the stomacke/or in the bely/or at the herte/or hede/or Were bytten With any euyl Venomous beest/or poysoned. Cap. xxxiii.

¶ And a man Were by the Waye trauaylyng or in his house/and he had all these syckenes/ & he had With hym a Lectuarie/that is made of. v. thynges & he ete therof/or dronke therof in Water.iii.poys/or.iiii.he shulde be hole & he vse it.xv.dayes fastyng/and Whā he goth to bed last/he shuld be hole of all the syckenes in his body/& he dronke euery tyme.ii.poys/and these thyngs they be/Scorlogio/Morre/Genciana/Grandorer/& zaraont asmoche of one as of another/and stāpe them & strayne them/and medle them With hony/that hath be Well boyled on the fyre and scūmed fayre and clene For this is called the Lectuary of lyfe.

¶ A good medycyne for rysynge vnder the stomacke. Cap. xxxiiii.

¶ Take peper/lōge peper/ graynes/ saffron/ gynger / anneys/ lycores / and sugre: sethe all these in good ale tyll it be thycke / and gyue it the sycke to drynke/ and he shall be hole.

¶ Also a good playster for the tysynge vnder the stomacke. Ca. xxxv.

¶ Take yarowe other wyse called myllfoyle red fenell/ red myntes/ borage/ rue/ fetherfoy clote leuys/ perytory/ egrymonye / of euery che a lyke moche / & the grece of a barowe hogge for a man/ and for a woman of a yelke hog/ that is of a sowe kynde/ and sethe them all to gyther in good ale / and make a playster ther/ of/ & lay it to the stomacke as hote as it maye be suffred. ii. or. iii. tymes/ and he shalbe hole.

¶ For to dystroye the hete in the stomacke. Capitulum. xxxvi.

¶ Take fayre clere Water and boyle it well and scūme it / & put therin shewers of browne brede / & let them lye therin an houre / tyll the Water be almoste colde / and then drynke ther/ of. ii. or. iii. dayes by dyuers tymes / & he shall amende in shorte tyme.

¶ For brēnyng i the stomacke. Ca. xxxvii.

¶ Take and ete grene percely and ganynga/ le Without any other maner of thynge.

¶ For to auoyde fleme out of the sto/ macke/ and also the hed. Ca. xxxviii.

¶ Take powdre of Pelatre of spayne / and

powdre of cõmyn/powdre of longe Peper/ powdre of gynger / mustarde / Vynegre/and medle them togyther / and chaffe them on the fyre tyll they Weye thycke / and than as hote as ye maye suffre / put parte therof in youre mouth galsyng in your throte vp & downe/ but let none entre in to your stomacke/and do this dyuers tymes/ spettynge out by the space of an houre/and this is a gargarysme.

¶ For all euylles in the stomacke.

Capitulum. xxxix.

¶ Take asshe sede/lynne sede/ and cõmyn/ of euerych a lyke moche / and gyue it to the sycke body to drynke With hote Worte/or ellys With fayre hote Water.

¶ For a dysease at the herte. Cap. xl.

¶ Take Sentuary and sethe it in stale ale/ & Whan it is Wel sodyn stampe it in a morter & seth it agayn With the same lycoure & thã clẽse it thorugh a clothe/ & proporcyon the iuce to.ii. sponefull of the iuce / put therto.iii. sponefull of claryfyed hony/ & than boyle it Well togyther agayne/ & put it in a boye & gyue it to the pacyent euery day.iii. sponeful fastyng tyll he be hole/ & this shall do away the glut from his herte/ and make hym to haue talent to mete.

¶ For Weknes of the herte. Cap. xli.

¶ Take rose Water/and Perles betyn smalle to powdre/and medle it With sugre/and dryn

ke it.ii.or.iii.dayes.

¶For fayntnes of the herte. Cap. xlii.

¶Take the fylynge of golde/ and the pow-
dre of the bone of a hartes herte/ medled with
the iuce of borage and sugre made in syrope/
for that is very good for swownynge.

¶For the brest that is encõbred. Ca. xliii.

¶Take Isope and seth it in a pottell of wy-
ne tyll that it come to a quarte/ & let the sycke
vse therof fyrste in the mornynge/ and last at
euyn hote/ & at moroe colde tyll he be hole.

¶For a man/woman/or chylde that is
broken in the bely. Cap. xliiii

¶Take in May the tendre croppes of herbe
Osmonde/ and drye them with the wynde/
and nat in the sonne/ and make powdre ther-
of/ and farce it and kepe it drye in a bladder/
and lette the pacyent drynke of that powdre
with whyte wyne euyn and moroe/ wyn-
ter and somer/ saue in May: In May drynke
of the tendrynges of the sayde Osmonde/ for
this drynke wyll make the broken bely grene
as it were newe broken/ and the pacyent muste
be welle and easely trussed: that he or she maye
go with it all daye/ and lye with it all nyght
tyll he be hole/ and that wyll be within. viii.
dayes/ yf he be welle tukyd/ for he muste lye vp
ryght as moche as he may bothe daye & nyght
and nat straine his bely/ but as lytell as he

eany/And he muſt kepe hym laye as longe as he is ſycke / and lye in his bed.ii.houres in the mornynge after he hath dronke this medycyne and muſt ete no whyte mete tyll he be hole/ nor walke but eaſely for ſtraynynge.

¶The playſter to knyt hym. Cap. xlv.

¶Take polypody that groweth on an oke: the rotys therof and pare them clene / and the rotes of Elena campana/and pare them clene and than bete them in a morter / as ſmall as thou canſte / and tempre it with oyle of baye/ and make it playſter thycke / and laye it on a thycke cloth a good quantyte/and laye it there the ſycke is greuyd vnder the truſſe from the euyn tyll the morowe / and on the morowe chaunge it agayne / this is for all the yere/ſaue in May/than the leuys be better.

¶For the playſter in May. Cap. xlvi.

¶Take polypody leuys / and the leuys of Elena campana / and dayſy leuys / and bete them ſmall / & tempre them with oyle of baye as thou ſemeſt beſt to make a playſter / and lay it there the ſore is euyn and morowe / and he ſhall by the grace of god be hole.

¶For to breke wynde i the bely. Ca.xlvii.

¶Take cõmyn/fenell ſede/ and annes ſede/ betyn to powdre / than ſethe it in wyne and drynke it fyrſte and laſte.

¶For a ſwollen wombe. Cap. xlviii.

¶ Take the iuce of Rue / and let the pacyent drynke it with wyne or ale / and he shall be hole on warantyse.

¶ For akynge of the wombe. Ca. xlix.

¶ Take tansey / rue / sowtherne wood / and ete them with salte / and he shall be hole.

¶ For the herte brennynge. Cap. l.

¶ Take the croppe of Fenell and chewe it in thy mouthe / and sucke the iuce therof & spette out the other parte / and he shall be hole.

¶ For sore sydes within forthe. Cap. li.

¶ Take alysaundres / persely / louage / red fenell / smalege / burnet / and gromell / and sethe them in whyte wyne / tyll halfe be consumed then strayne it / and let the sycke drynke it fyrst and last at euyn hote / & at morowe colde.

¶ Contra telam & maculā in oculo. Ca. lii.

¶ Take fenell / vnset goldes / veruayne / & betayne Aā. and stampe them & tempre them with ale or whyte wyne and strayne it / and than stampe . ix . lowpes / otherwyse called Cheslockes / and put them in to the sayde lycoure: and gyue it to the pacyent to drynke. ix. dayes fastynge / and he shall be hole.

¶ For a womās pappe that is sore. Ca. liii.

¶ Take the rote of bryan / that is to say wylde Neppe / and make bare all the ouer parte of the sayd rote / that is to saye the toppe of the rote and make an hole therin / & couer it with

a tyle ſtone and put it in the erthe / & leye the
vpon it / and let it ſtande .iiii. or .v. dayes /
than open it and take the iuce that ye fynde in
the hole and kepe it in a glaſſe / and therwith
anoynte the breſte / and it ſhall be hole.

¶ For the lyuer that is corrupte and
waſted. Cap. lviii.

¶ Take a good quantyte of lyuerwort / and
bruſe it a lytell / & than ſethe it in good ſtronge
wort with a quantyte of Rubarbe / and vſe
this medycyne / and thou ſhalte be hole.

¶ For hete in the lyuer. Cap. lix.

¶ Take the iuce of ſowre apples / and ſwete
apples of eche a pounde or more / aſmoche as
you thynke beſte / and .ii. pounde of ſugre and
medle theſe thynges togyther / & let them boyle
on a ſymple fyre tyll it be thycke as a ſyrope /
& vſe this a curteſy therof euery day faſtynge
with luke warme water.

¶ For the hete in the lyuer of a man that
his colourc is yelowe. Ca. lx.

¶ Take the water of Sycore / and water of
Lettuces / and water of the leues & ſmall braū-
ches of a wylde morer tree / or elles take the
herbes and ſtampe all theſe togyther / and as
moche of one as of another / and take the iuce
of theſe thynges / and aſmoche as all this of ſu-
gre / and boyle all togyther tyll it be as thycke
as a ſyrope / and than put therto a poys and a

halfe of Rubarbe: and vse a quantyte of this
syrope in colde water euery day fastynge/and
at nyght/and he shall be hole.

¶For the breste that is encõbred. Ca. lviii.

¶Take and drynke. viii. dayes / or. x. of the
fumer / that cõmeth of sylke wormes euery
daye a poys in syrope of Isope/and yf a man
may nat haue this drynke / take the pure herte
donligna also in syrope of Isope. x. dayes /
& he shalbe hole.

¶For a man that hath wormes in his
bely/and his body be lene. Ca. lviii.

¶Take the galle of a kowe / and floure of
Lupius a curtesye and medle them togyther/
and make a playster of wolle / and laye it on
his bely where the grefe is / and do this. iiii. or
v. dayes and he shall be hole.

¶For the breste & the lunges. Cap. lix.

¶Take a quantyte of claryfyed honye and
boyle it/ & whan it is boyled put therto halfe
a pounde of pere wardyns mynsed/and boyle
them well togyther/ and then put therto an
vnce of powdre made of the rotes of Elena
campana/ and an vnce of powdre of lycorys
and let them boyle tyll it be somwhat styffe:
than take it from the fyre/& whan it is nyghe
colde put therto an vnce powdre of gynger/
& stere it well togyther: vse this fyrst & last.

¶For to auoyde & dystroy flume. Ca. lx.

¶ Take percely rotes / fenell rotes / perytory / and Isope and seth them in good ale with lycorys and a quantyte of claryfyed hony / and vse to drynke it and thou shalte be hole.

¶ For the stone. Cap. lxi.

¶ Take the roundes of Thornebacke & drye them fayre / and make powdre therof / & than take therof. ii. d. weyght / and put therto two sponefull of water of Ramsyns and drynke it euery daye and euery nyght / and than thou shalt be hole. And yf it be a great stone take a sponefull of water of stonecrope. ii. sponefull of water of Ramsyns / and. ii. peny weyghte of the forsayde powdre medled togyther and vse this medycyne. iii. tymes and thou shalte be holpe / be the stone neuer so great.

¶ Also for the stone. Cap. lxii.

¶ Take the blode of a male kyd / and drye it in an ouen and make powdre of it: than take gromell sede / grounde Juy beryes / stanmarche sede / the rote or the sede of Saxyfrage / rotys of Turmentyll / and of phylipendula / by euyn porcyon / and bete all to small powdre / than take as moche of the powdre of kyddes blode as of the sedes & rotys abouesayde / and vse this powdre whan nede is in sauce or in potage / a peny weyght at ones & no more.

¶ For the Collycke / strangury / and the stone. Cap. lxiii.

¶ Take Carea Wey / fenell sede / spykenarde / annes / cōmyn / cynamū / & galyngale / of euerych halfe an vnce / gromel sede / and lycorys of euerych of them an vnce / se the weyghte of all them / and bete them all to powdre and put halfe a sponefull of the same powdre in ale luke warme & drynke it / and walke therafter an houre / or thou ete or drynke any maner of thynge.

¶ For a man that is Lepre / and it take in his legges & go vpwarde. Cap. lxiiii.

¶ For a man that is lepre / and it take fyrst in his legges and go vpwarde in to his bodye / he maye be soone hole / and yf he wyll take a Charabot / that is to say a Bettyll & bren it to asshes / & bete it all to powdre smal / & than take olde barowes grece / and melte it well on the fyre / and tempre it togyther / and as moche as halfe that of Blanchet / and make an oyntement therof / and vse it on the sore and vpō the oyntement / loke that ye put a plate of lede full of smal holes in many places / and chaūge it bothe in the mornynge and at nyght the oyntement / but nat the lede & he shalbe soone hole of that syckenes.

¶ For a dertre in a mānes flesshe. Ca. lxv.

¶ Take a worme that is called a Pieachar: that is as great as a bene / & it is clene blewe or sendre / & it hathe many small feet & whyte

Vnder the bely. And whan a man toucheth it he wepeth rounde as a button / take that worme and rubbe it well agaynst the dertte / that it be al broken / and do this euery day. iii. or. iiii. tymes / and at euery tyme rubbe. iii. wormes or. iiii. and anone it shalbe hole.

¶ For a sauce flume Vysage. Cap. lxvi.

¶ Take Elena campana and seth it in a pot with Vynegre tyll it be soden in / than stampe it small: and than put therto quycke syluer & brymstone & gylt̃ greece / & bray it togyther & make therof a playster and lay to the Vysage all nyght / and on the morowe wasshe it of.

¶ For hym that may not holde his Water. Cap. lxvii.

¶ Take gotes talowe and bren it / and make therof powdre / and put it in to the pacyentes potage / and let hym vse this & he shall pysse mesurably ynoughe.

¶ Another for the same. Cap. lxviii.

¶ Take Synshone and shepes talowe and sethe them well togyther / & as hote as it maye be suffred laye it to the membre / and he shall make Water anone.

¶ For to dystroye flume. Ca. lxix.

¶ Take betayne and drye it / and make therof powdre & kepe it tyll thou haue nede / and whan thou wylte occupy therof / take a quantyte of honye and of the powdre / and make

therof. ii. or. iii. pellettes / and ſwalowe them downe all hole laſte whan thou goſte to bed and that ſhall do the moche good.

¶ For a wombe that is harde. Ca. lxxv.

¶ Drynke the iuce of weybrede with olde wyne / and he ſhall be eaſed.

¶ Alſo another for the ſame / take cynkfoyle that is to ſaye fyue leuyd graſſe / and ſtampe it and drynke it with hote mylke / and he ſhal be eaſyd. ⁊c.

¶ For the blody Henyſon. Cap. lxxvi.

¶ Take mylfoyle / and plantayne / of euery/che a lyke moche / ſtampe them well togyther and kepe it / and whan thou wylte take ther/of tempre it with wyne / and lette the pacyent drynke it / and he ſhall be hole.

¶ For a mans ſtones that be ſwollen. Capitulum. lxxvii.

¶ Take an herbe that is called Hareclee in Frenche / and fryc it well in oyle olyfe / ⁊ laye it to the ſtones that is ſwollen / as hote as it maye be ſuffred. viii. dayes or more and nede be / for this wyll helc the ſwellynge.

¶ For to make one ſklendre. Ca. lxxviii.

¶ Take and ſethe fenel in water and drynke the water laſte at euyn / ⁊ fyrſt at morowe and it ſhall ſwage hym or her ſhortly.

¶ For hym that lacketh wynde. Ca. lxxviiii.

¶ Take malowes / mercury / and borage / ⁊

sethe them togyther with a pece of porce / and make therof potage and ete it / and drynke of the brothe with whyte wyne / or with whey that is made of mylke.

¶ For hym that is costyfe. Ca. lxxv.

¶ Take the iuce of walworte / and medle it with hony / & gyue it the pacyent to drynke.

¶ For a wycked blaste & wynde in the vysage. Cap. lxxvi.

¶ Take an henne egge & roste it harde / than take the whyte therof / and an vnce of Coperas / & bete it togyther small in a brasen morter tyll it be lyke an oyntment / and therwith anoynte the face that is blasted / and whan it is hole / than anoynte it with Populyon and that wyll sowple the skynne & make it hole.

¶ For the Shyngles. Cap. lxxvii.

¶ Take doues Donge / and barly mele / and stampe them togyther / and tempre them with aysell and lay therto.

¶ For the kowghe. Cap. lxxviii.

¶ Take Nettels and gather them bytwene saynt Mary dayes in Haruest / of them that beryth sede and drye them in the sone / & rubbe out the sede / and grynde it / & drynke it with ale / and thou shalt be hole.

¶ For hym that hathe the peryllous kowghe. Cap. lxxix.

¶ Take sauge / rue / cōmyn / and powdre of

Peper/and seth them in hony/ and make ther of a Lectuary/and vse therof a sponefull at euyn/and another in the mornynge.

¶ The kowghe that is called the Chynke kowghe. Cap. lxxx.

¶ Take the rotes of Horse hele/ and Comfery/as moche of one as of another/and stampe them small in a morter/and sethe them in fayre water tyll the halfe dele be wasted/ & than take the thyrde parte of hony boyled and scūmed/and put them togyther/and make therof a Lectuary/ and do it in a boxe & let the sycke vse therof. v. dayes/or. vi. a good quantyte at ones fyrst and last/and he shall be hole.

¶ For the Iche. Cap. lxxxi.

¶ Take Frankensence / and braye it small/ & medle it with oyle of baye / & then anoynte there as icheth. &c.

¶ For to drawe a byle from one place to another. Cap. lxxxii.

¶ Take an herbe that is called Oculus xpi: and veruayne and make a playster of it/and laye it from the byle. ii. fyngers brode: & whan it hathe lyen a good whyle remeue it / and do so styll tyll it be there that thou wylte haue it/ and there let it breke.

¶ For hym that pysseth blode. Ca. lxxxiii.

¶ Take percely / ambrose and bursa pastoris of euerychе a lyke moche / and stampe them &

tempre them with a quarte of gotes mylke/ and strayne it and let hym drynke it.iii.dayes at euyn and at morowe/and this wyll staunche hym shortly.

¶ For a man that hath loste his mynde Capitulum. lxxxiiii.

¶ Take the iuce of goldes / of sauge / and of wormwood/of eueryche of them a sponefull/ and take as moche of whyte wyne/ & put ther to and let hym drynke it at euyn / & asmoche at morowe colde / & serue hym thus.v.dayes durynge/and he shalbe hole.

¶ Another for the same.Cap. lxxxv.

¶ Take and shaue of the heer of the molde of his hed/than take Archaungell and stampe it and bynde it to his hed / where it is shauen & let hym take a slepe therwithall / & whan he waketh he shall be ryghte weke / and sobre ynoughe.&c.

¶ For hym that hathe the Frenesy. Capitulum. lxxxvi.

¶ Take oyle of Roses / oyle of vyolettes/ & of eueryche of them.xx.poys/and asmoche of water of Cocorde / & put it in a newe vessell of erthe:and boyle it tyll all the water be fayled / than put out that and put in other in the same vessell asmoche of that water / & boyle it thus.vii.tymes/ and than put therto halfe of the.iiii.parte of a poys of Camfere & medle

it well togyther / and vse it on his hed whan it is newe shauen.

¶ For a person that vomysseth to moche. Cap. lxxxviii.

¶ Take Roses and boyle them well in good stronge vynegre / and make a playster therof and lay it to the persons stomacke.

¶ For a man that hath dysease in his eares. Cap. lxxxviii.

¶ Take fayre oyle olyfe / & let it be blowen out of a mans mouthe / that is clene & fastyng in to the eares of the sycke man / and let this be done. iii. or. iiii. tymes / and let that syde of the hed be turned downe warde / that the ordure of the hed maye ronne out / and vse this. viii. or. v. dayes / and he shall amende.

¶ For a man that his eares sowne within. Cap. lxxxix.

¶ Take Almondes / and the carnels of peches / and let them be clene pylled in hote water / and make oyle of them / & let that oyle be put in to the eares of the sycke body with tentes made of fyne lynnen clothe / and vse this viii. or. v. dayes / and he shall be hole.

¶ For sennewes that shrynke after that they haue ben hurte & heled. Cap. lxxxx.

¶ Take ensence / calasome / mastyke / hantit / turpentyne / galbenon / vysque / the mary of an ase / shepes suet / olde swynes grece / & but-

ter/ & of euerych of them halfe an vnce / than take an vnce and a halfe of waxe / and an vnce of oyle olyfe/ and stãpe them and boyle al these thynges togyther/ & make it in maner of an oyntment harde to make playsters/and then make therof a playster and laye it on the hurte senewes / and let this lye .v. dayes or more/and they shall stretche out.

¶For to staunche blode. Cap. lxxxxvi.

¶Take an herbe that is called Lune mahaf and stampe it and lay it on the wounde/or take the grene leuys therof & lay on the wounde and it shall staunche / and yf a man may not haue this herbe / let hym brenne the fethers of a cockes necke and take the asshes of them & lay on the wounde/and the blode shall soone be staunched.

¶Also to staunche blode. Ca. lxxxxvii.

¶Take a pece of salte befe that is well salted/or elles a pece of salte befe that hangeth in the rofe / and couer it in hote embres tyll it be thoroughe hote / than take a smoche as wyll stop the hole and bynde it faste to / as hote as the pacyent may suffre it and it shall staunche anone but let the befe be fat & lene togyther.

¶For an empostume. Ca. lxxxxviii.

¶Take barly and drye benes/ and lycorys/ & let boyle them with fayre water all togyther/ of euerych a lyke moche / and drynke therof

With sugre euery daye fastynge/and at nyght. When he gothe to bed / & vse this. vi. dayes or more/and he shall cast out that postume.

¶ For spyttynge of blode. Ca. lxxxviii.

¶ Take ache/myntes/rue/and betayne and seth them well in good mylke / & gyue it hym to drynke fyrste in the mornynge / and last at nyght/and he shall be hole.

¶ For Wylde fyre that is called the fyre of helle. Cap. lxxxix.

¶ Take red Wormes of the erthe/and the rote of Valeryan/ and stampe them togyther and lay it therto / and take Valeryan the rote and the leuys and stampe it/& tempre it With Water & gyue hym to drynke/and he shalbe hole.

¶ For bytynge of a madde dogge. Capitulum. lxxxix.

¶ Take the sede of boye and stampe it / and tempre it With holy Water & gyue it to hym to drynke &c.

¶ For to do a Way a Wenne. Ca. lxxxviii.

¶ Take and bynde faste the Wenne/ than take Verdygrece / sulphur/sope / oyle of egges/ alom and hony/and tempre them togyther/ & laye it therto/and it shall do a Waye the Wenne and hele it Without doute.

¶ For to breke a Fekon in a nyght. Capitulum. lxxxviii.

¶ Take powre made of Cantarides / and

tempre it with clene shepes talowe and make a playster therof & lay it therto & it shal breke.

¶ For the mygrym. Cap. lxxxxix.

¶ Take. iiii. handefull of red Rose flowres fresshe in somer: and in wynter welkyd & .iii. handfull of camamell / and asmoche of ver-uayne & breke them small with thy handes / and boyle them in a potell of whyte wyne of gascoyne yf it maye be had / or ellys in rochell wyne tyl it come to a quarte / and put them in iii. bagges brochyd flat lyke a playster / & laye there the ache is / as hote as the sycke may suf-fre and chaunge them hote and hote durynge a daye & a nyght / and lenger yf nede be.

¶ For the morfewe. Cap. C.

¶ Take water of elder & drynke it .iii. spone-full in the mornynge .ii. or .iii. tymes / & whan ye receyue it walke after & catche a good hete. And than take a pynte of whyte vynegre & ix. oke apples / and cut them and lay them .iii. dayes / and .iii. nyghtes in the same vynegre / & after take a fayre lynnen clothe and put the apples in the same clothe & strayne them / and with the lycoure therof anoynte thy body .iiii. dayes / & it wyll do away the morfewe.

¶ For to stoppe the flyxe. Cap. C.i.

¶ Take an onyon and roste it tyll it be ten-der / than bruse it & lap it in a lynnen clothe & put it betwyxte the clyfte of the buttokz euyn

ioynynge to the foundemēt/ & set hym downe theron as hote as he may suffre a longe tyme/ and take another onyon and plucke out the core and fyll the hole ful of frankensence/ and Englysshe saffron/ and take the coueryngе of the onyon and couer the hole/ and put it in the embres/ and let it boyle tyl it be somwhat tendre/ than put away the coueryngе and lay the onyon as hote as it may be suffred vpon his nauyll hole and bynde it faste that it fall not away/ and he shall be hole.

¶ For the Canker/ wylde fyre/ & ignis sancti Anthonii. Cap. C.ii.

¶ Take and roste sorel in a wete lyñen cloth the space of halfe an houre vnder the hote embres and than stampe it with fyne claryfyed hony and lay that to the sore/ & without doute it wyl do away the brennyng/ blacknes/ and stynke/ and hele it parfytely.

¶ For to make heer to growe. Ca. C.iii.

¶ Take and sethe malowes rotes and all & wasshe the place there as the heer lacketh/ & it shall growe. &c.

¶ For to do awaye heer. Cap. C.iiii.

¶ Take horse leches and brēne them to powder/ and mynge it with eysell/ and towche the place there the heer groweth/ and it shall growe no more there. &c.

¶ For a scalde hed. Cap. C.v.

¶ Take a peny worthe of lampe oyle / & half a pynte of fayre water / and boyle it well togyther / and whan it is colde put therto an halfe peny worthe of quycke syluer and tempre it well togyther / and anoynte the hed.

¶ For the yelowe Jaundes. Ca. C. vi.

¶ Take a quantyte of turmeryke / and asmoche of yuorye betyn to powdre / and asmoche of the inner barcke of a barbery tree / & a quantyte of englysshe saffron in powdre / and medle them all togyther / and drynke it with mylke thre or foure dayes fastynge.

¶ For the blacke Jaundes. Ca. C. vii.

¶ Take genciana / longe peper / calamus aromaticus / auencē / lycorys / resons of coraunce / whyte sope of spayne / of eueryche. ʒ. i. and. ii. sponefull of mustarde / & boyle all thyse in a quarte of wyne tyll the. iii. parte be wasted / & let the pacyent drynke it.

¶ For wormes / & hete ī the hādes. ca. c. viii

¶ Take Chycwede and bruse it a lytell / and than sethe it in ronnynge water tyll the water be wasted halfe away / than take and wasshe the sore handes therin / as hote as the pacyent may suffre it / and do thus. iii. or. iiii. dayyes / and he shall be hole.

For the gowte Cap̄. C. ix.

¶ Take red myntes / and cressons / and vnset lekes / and let these herbes sethe well togyther

and Wasshe there as the syckenes is euery day
ii. tymes a daye / and yf ye can not haue thyse
herbes / lette the sycke body be Washed With
hote Water / and anoynte hym before the fyre /
or in the sone With this oyntement / and rubbe
hym Well ther With. Take Byrgyn Waye / tur
pētyne / saffrō / the yolke of an egge / oyle olyfe
oyle of almandes / may butter / oyle of nuttes /
oyle doret / the grece of a make hogge / oyle of
camamyll / and shepe suet / With good clary /
fyed honye / and let all thyse be medled togy /
ther / and boyled fayre and easely by the fyre.

¶ For sore knees that dothe swell
and ake. Cap. C.v.

¶ Take Rue / louage / and stampe them togy
ther / and put therto hony / and make therof a
playster and lay it to the sore knees / and that
shall fet away the swellynge and the ache.

¶ For the fallynge euyll. Cap. C.vi.

¶ Take the blode of his lytell fynger that is
sycke / and Wryte these. iii. Uerses folo Wynge
and hange it about his necke.

Jasper fert Mirram / thus Melchior / Bal
thazar aurum.
Hec quicūqz secū portat / tria noia regum.
Soluit a morbo / domini pietate caduco.

¶ For brennyng a scaldyng. Ca. C.vii.

¶ Take fresshe gees dunge / and frye it With
fresshe butter / and shepe sewet / and strayne it

thorughe a clothe/ and laye it on the sore and it wyll hele it anone.

¶For brennynge with fyre. Ca. C.viii.

¶Take the rynde of an Elme tree and sethe it halfe a daye in fayre Water and let it kele/ and gather of the thycke that thou fyndest vpon the Water with a fether / and euery daye anoynte it with the fether euyn and morowe.

¶For to hele hurtȝ & Woūdes. Ca. C.viiii

¶Take malowes and sethe them well: and whan they be well sodyn / take and stampe them/and than take olde barowes grece and clene barly mele: and mynge the iuce / the mele/and the grece all togyther/and make a salue therof/for it is a redy heler.

¶Also to make a salue to drawe and to hele. Capitulum. C.v.

¶Take a quarteron of a pounde of Vyrgyn Waxe / and.ii. Vnces of shepe suet/ and melte them togyther a lytell & than take them from the fyre / and put therto an Vnce of frankensence/and stere it well togyther/and do it in a boxe/and this wyll bothe drawe and hele.

¶For styngynge of Eddets and snakes. Capitulum. C.vi.

¶Take dragons and drynke it / also stampe dragons/and laye it to the place there the styngynge is/and that shall sucke out the venym and ease the smertynge.

¶ For hym that may not slepe. Ca. C. xlvii.

¶ Take pety morell and stampe it & wrynge out the iuce: than take .iiii. sponefull of the iuce and .iiii. sponefull of womans mylke / and a sponefull of vynegre and hete it & therwith anoynte his temples and his forehed: and as it dryeth anoynte it agayne / and than bete a clothe therin & lay it vpon his forehed: & vse this often tymes / & this shall make hym slepe

¶ For the palsey. Cap. C. xlviii.

¶ Take the gall of any dye / or of a bulle of one colour yf it may be gotten / and .iii. or .iiii. red onyons and roste them tyll they be tendre and than stampe them well in a boke dysshe / and mynge the gall and them togyther / and loke there be .iiii. tymes asmoche of the gall as the onyons / and therwith anoynte well the place that is greuyd tyll it be dronke in / and than take a softe shete ne we whaste / & warme it agayne the fyre & wrap the sycke body therin and this must be vsed at nyght to bed warde / and within .xv. nyghtes it wyll amende & make the flesshe gro we though it be moche away & yf the skyn be wayen thycke by vanysshynge away of the flesshe / take red nettel croppes and rubbe well the skyn / and the oyntement wyll better drynke in / and this oyntement is good for all maner aches / for euery body.

¶ A good drynke for the doy. Ca. C. xlix.

¶ Take Salendyne / and englysshe saffron the weyghte of an halfpeny / and a farthynge worthe of graynes / a quarter of longe peper / a peny weyghte of mase / and stale ale / stampe your herbe / and powdre your saffron: and medle them all togyther / and then drynke it.

¶ A salue for the Pox. Cap. C.xx.

¶ Take whyte lede. i. quarter. ob. verdegrece. i. d. ob. mastyke. i. d. camfere. i. d. rosen. ii. vnc serious. i. d. mercury. ob. turpentyne / breke all these in a morter / and medle your turpentyne with oyle olyfe / and then mynge them all togyther and make therof a salue. &c.

¶ For the gowte / or the swellyng of ioyntes / and knobbes / that cōmeth of ache of the Pox. Cap. C.xxi.

¶ Take May butter / and halfe a pounde of Cōmyn / and a quarter of a pounde of blacke sope / and a handefull of rue / and a lytell of shepe sewet / and stampe all these in a morter: than take the gal of an Oxe / and a sponeful of baye salte and frye all these togyther in a fryinge panne tyll it be thycke / then laye it on a wollen clothe and lay it to the ache as hote as it may be suffred / durynge. iii. wekes / and euery weke a newe playster / and it shall take awaye the ache and the swellynge without doute.

¶ Finis.

¶ Thus endeth the Myrour or glasse of helth
Imprynted by me Robert Wyer/ dwellyn/
ge at the sygne of seynt Johan euāgelyst/
in seynt Martyns paryssh in the felde
beside Charynge crosse/ in the bys
shop of Norwytche rentys.